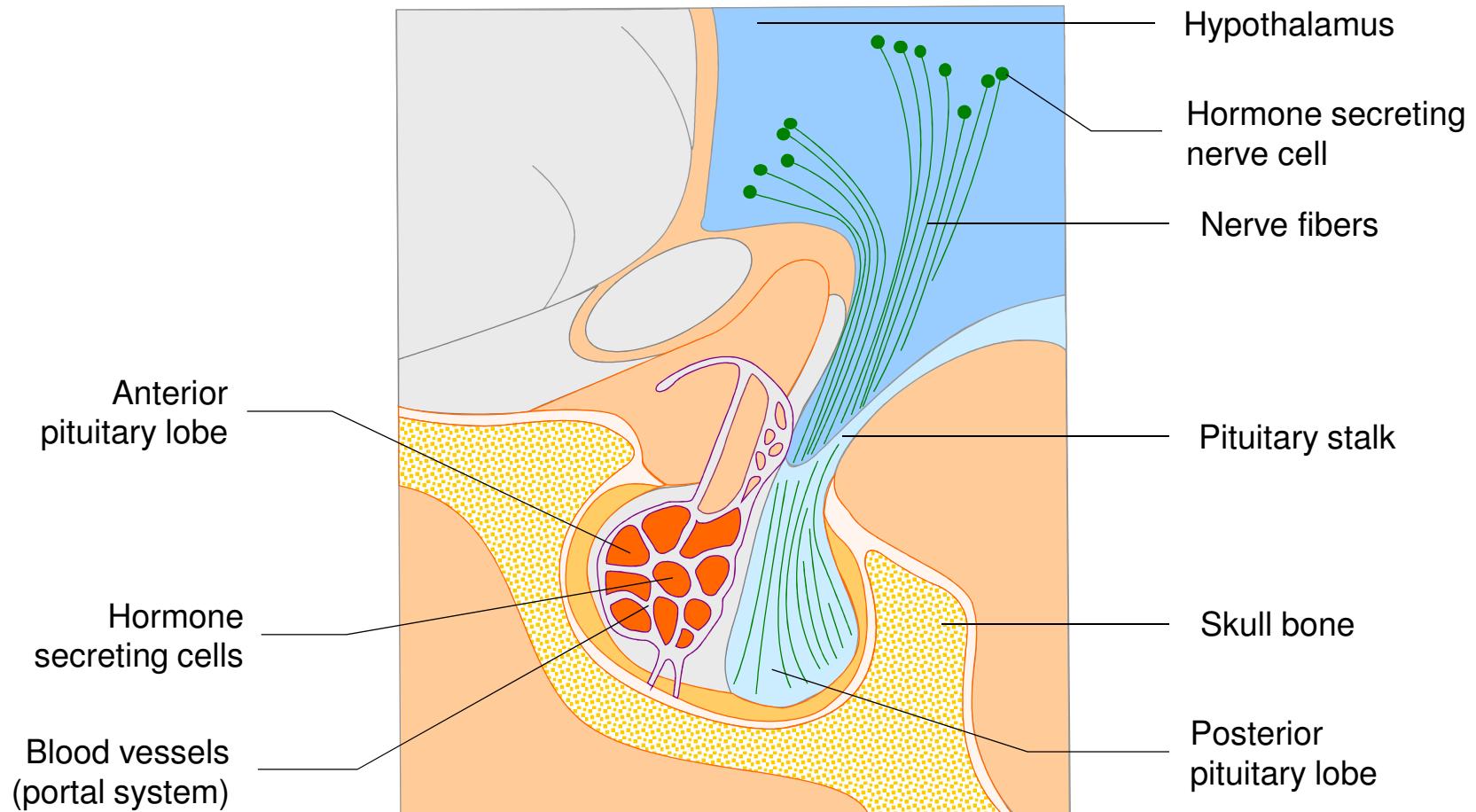


## Structure of the pituitary gland



### Structure of the pituitary gland

The pituitary gland has an anterior lobe and a posterior lobe. It is linked to the hypothalamus, which lies directly above it, by a short stalk that contains nerve fibers and a specialized network of blood vessels known as a portal system.

## ENDOKRINE ORGANE

1. Hypophyse
2. Nebenniere
  - Nebennierenrinde
  - Nebennierenmark – Paraganglien
3. Schilddrüse
4. Nebenschilddrüse
5. Endokrines Pankreas
6. Disseminiertes neuroendokrines System - Darm

## Hypothalamus

**neurovaskuläre Verbindung**



**Adenohypophyse  
(GH, ACTH, FSH, LH, PRL)**

**neurosekretorische Verbindung**



**Neurohypophyse  
(ADH, Oxytocin)**

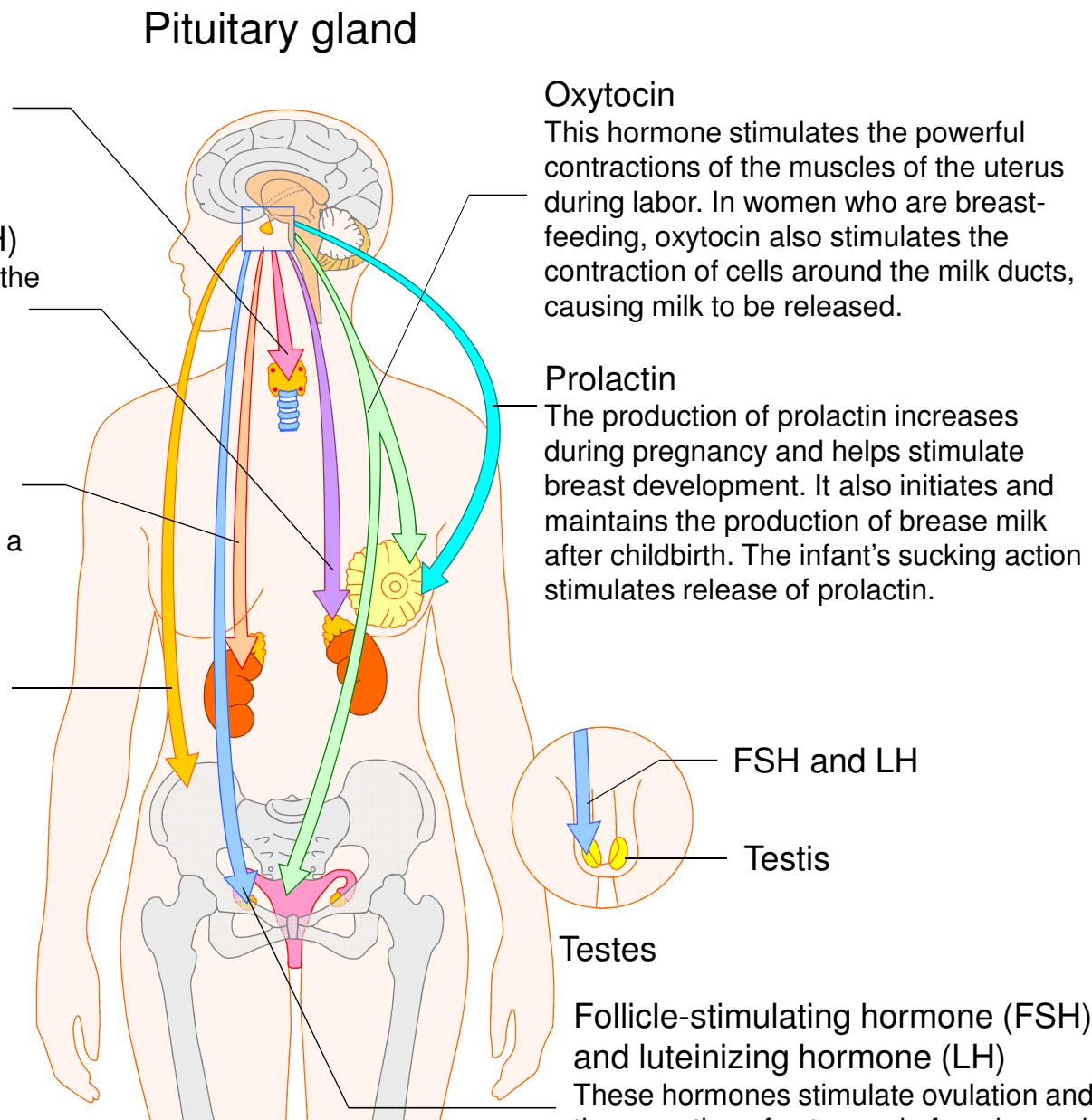
**Thyroid-stimulated hormone (TSH)**  
TSH stimulates the thyroid gland to produce and release hormones that affect the rate at which tissues in the body use energy. TSH production is under the control of the hypothalamus

**Adrenocorticotropic hormone (ACTH)**  
ACTH stimulates the outer layer (cortex) of the adrenal gland to produce and secrete corticosteroid hormones, which in turn influence metabolism in the body.

**Growth hormone (GH)**  
The main function of GH is to stimulate the growth of bones, cartilage, and muscles, particularly during childhood. GH also plays a part in the control of metabolism

**Antidiuretic hormone (ADH)**  
ADH, also called vasopressin, acts on the kidneys, regulating the amount of water excreted in the urine. Release of ADH is primarily influenced by specific changes in blood volume and chemistry

**Pituitary hormones**  
Almost all of the pituitary hormones are secreted by the anterior (front) lobe of the gland, but two, antidiuretic hormone (ADH) and oxytocin, are manufactured in the posterior (rear) lobe. Pituitary gland hormones either act on other glands, stimulating them to produce hormones, or act directly on tissues and organs.  
1031284



**Oxytocin**  
This hormone stimulates the powerful contractions of the muscles of the uterus during labor. In women who are breast-feeding, oxytocin also stimulates the contraction of cells around the milk ducts, causing milk to be released.

**Prolactin**  
The production of prolactin increases during pregnancy and helps stimulate breast development. It also initiates and maintains the production of breast milk after childbirth. The infant's sucking action stimulates release of prolactin.

**FSH and LH**  
**Testis**  
**Testes**  
**Follicle-stimulating hormone (FSH)** and **luteinizing hormone (LH)**  
These hormones stimulate ovulation and the secretion of estrogen in females and the development of sperm and secretion of the hormone testosterone in males

## **1. Adenohypophyse**

**(GH, ACTH, FSH, LH, PRL)**

### **Hyperfunktion - Hyperpituitarismus**

Hyperprolactinämie	PRL : Adenom
Akromegalie	GH : Adenom
Cushing-Syndrom	ACTH : Adenom

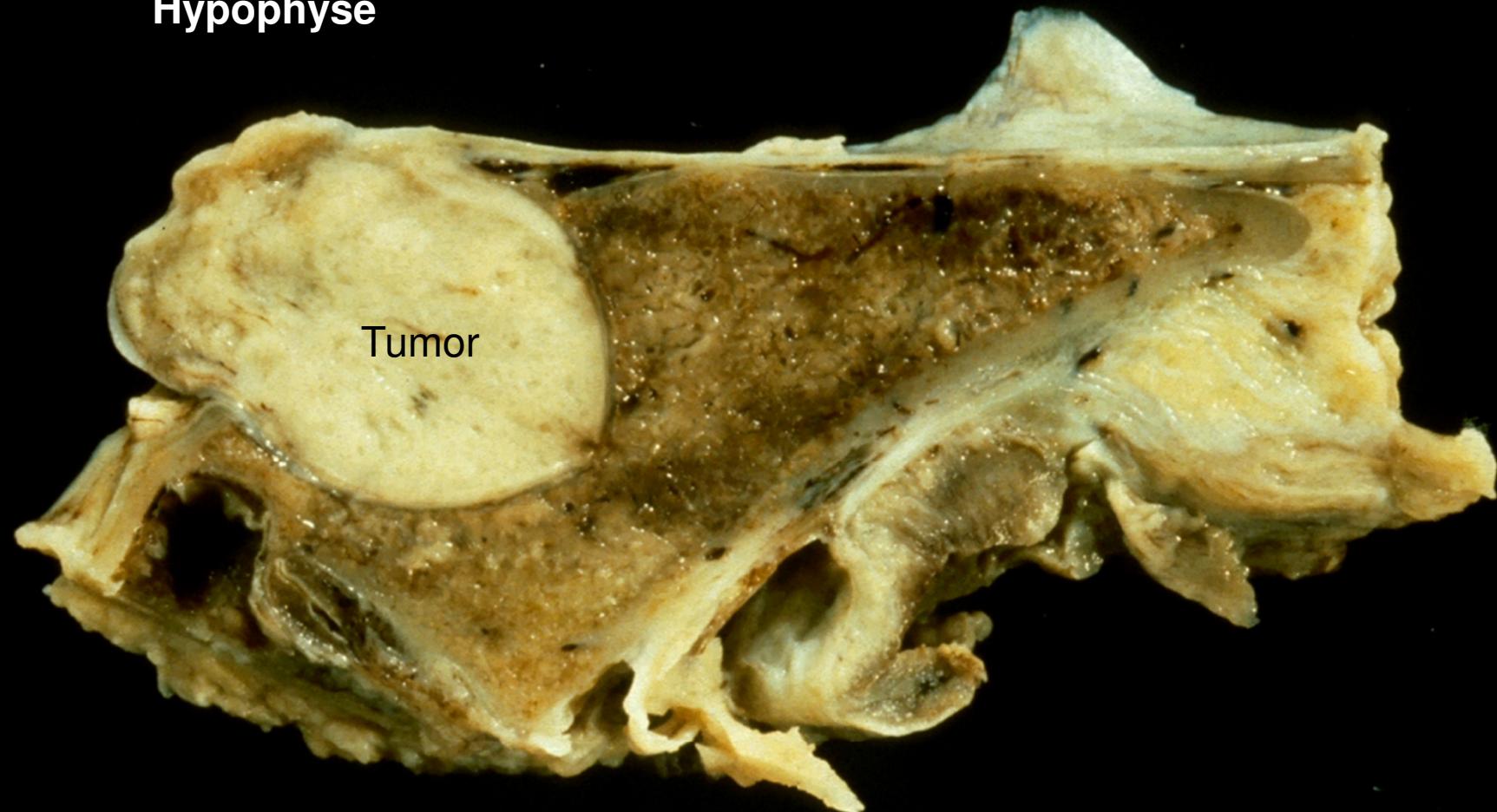
### **Hypofunktion - Hypopituitarismus**

-Infarzierung post-partum : Sheehan-Syndrom	
-Kompression des normalen Hyp.-Gewebes und des N. opticus durch ein nicht-funct. Adenom	: endokrine Ausfälle wie -sekundäre Amenorrhoe bei der Frau, -Libidoverlust beim Mann; -bitemporale Hemianopsie
Isolierter GH-Mangel	: Zwergwuchs

frontal

Hypophyse

Tumor



0

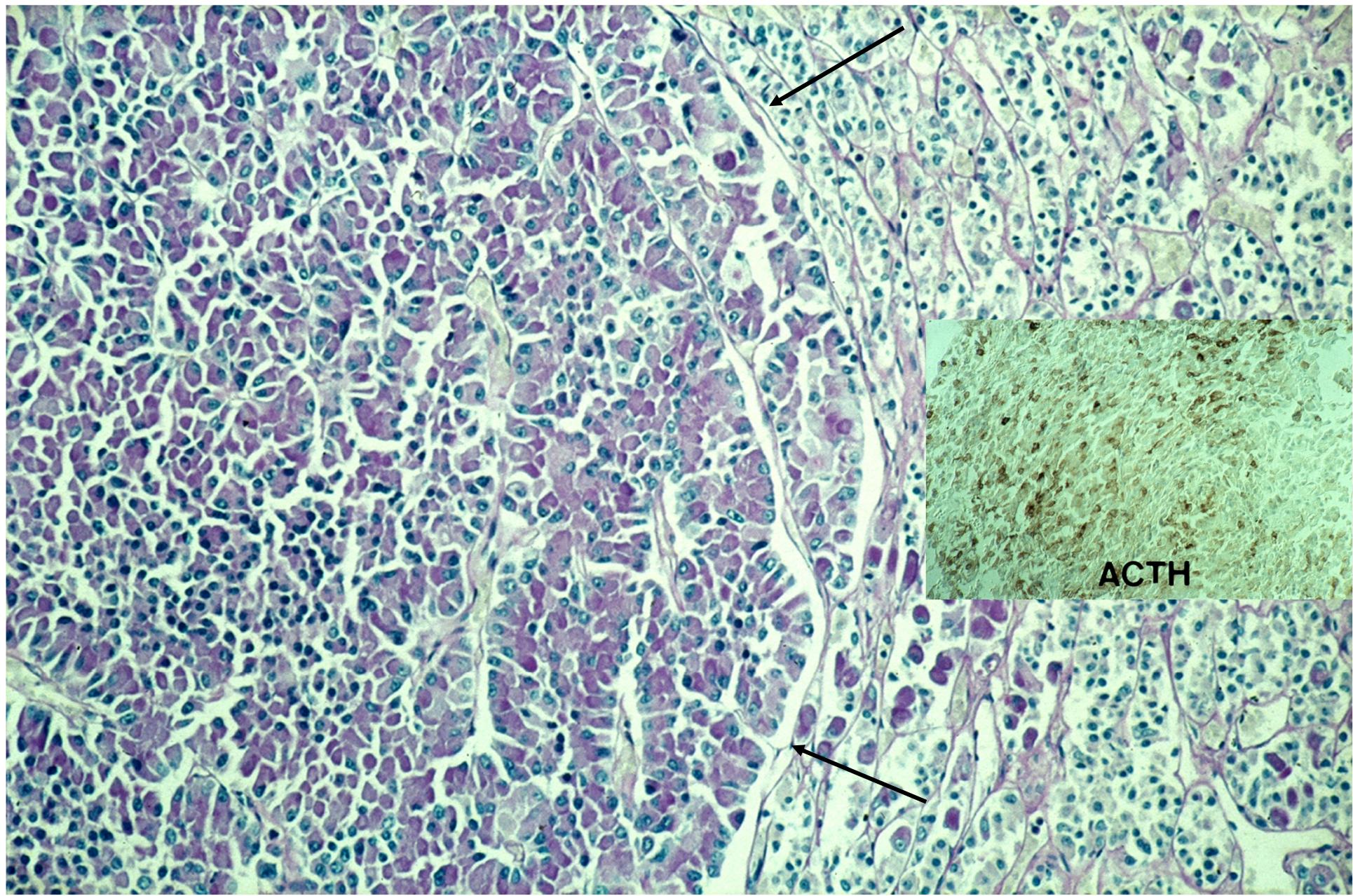
10mm 20

30

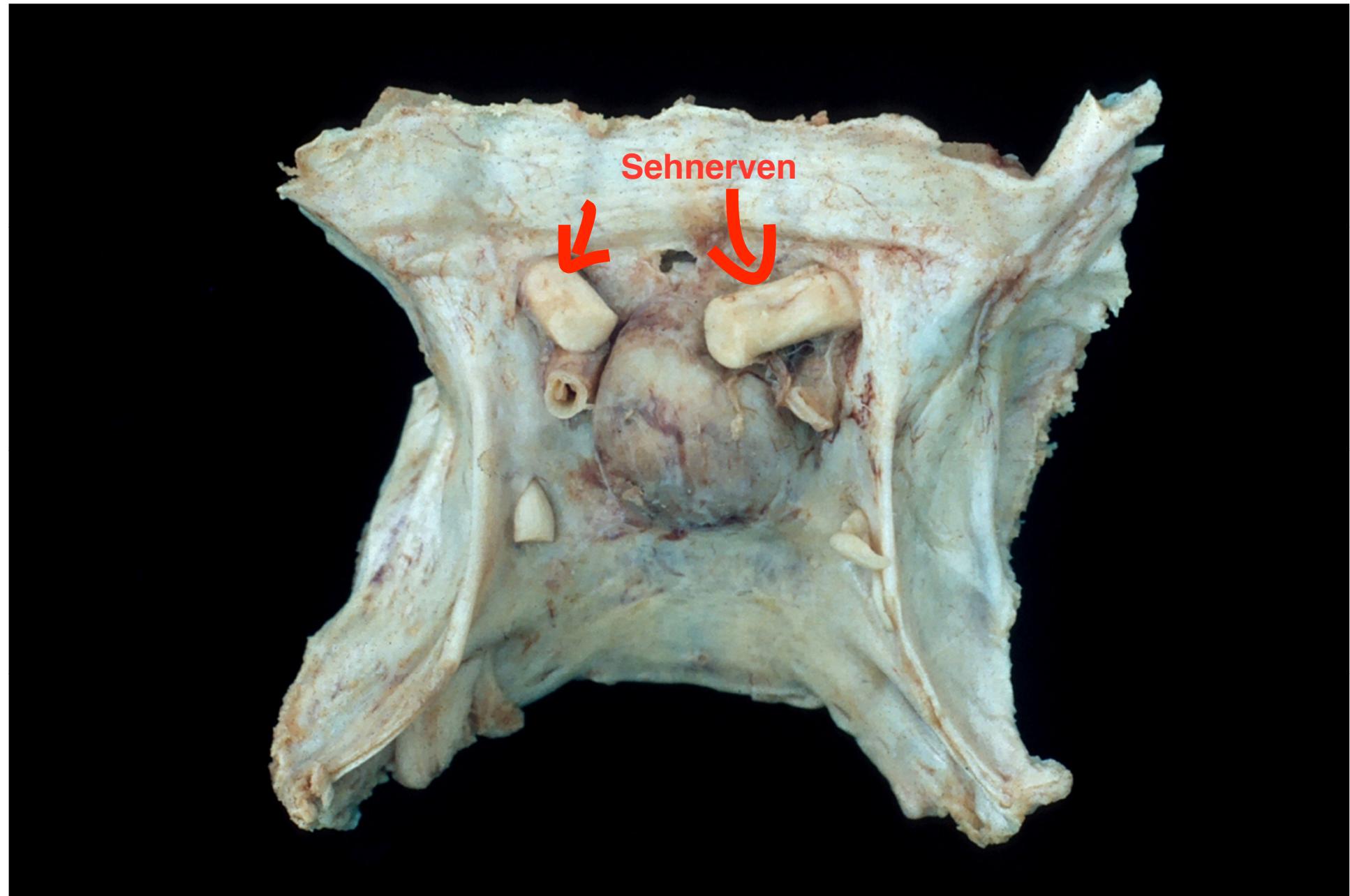
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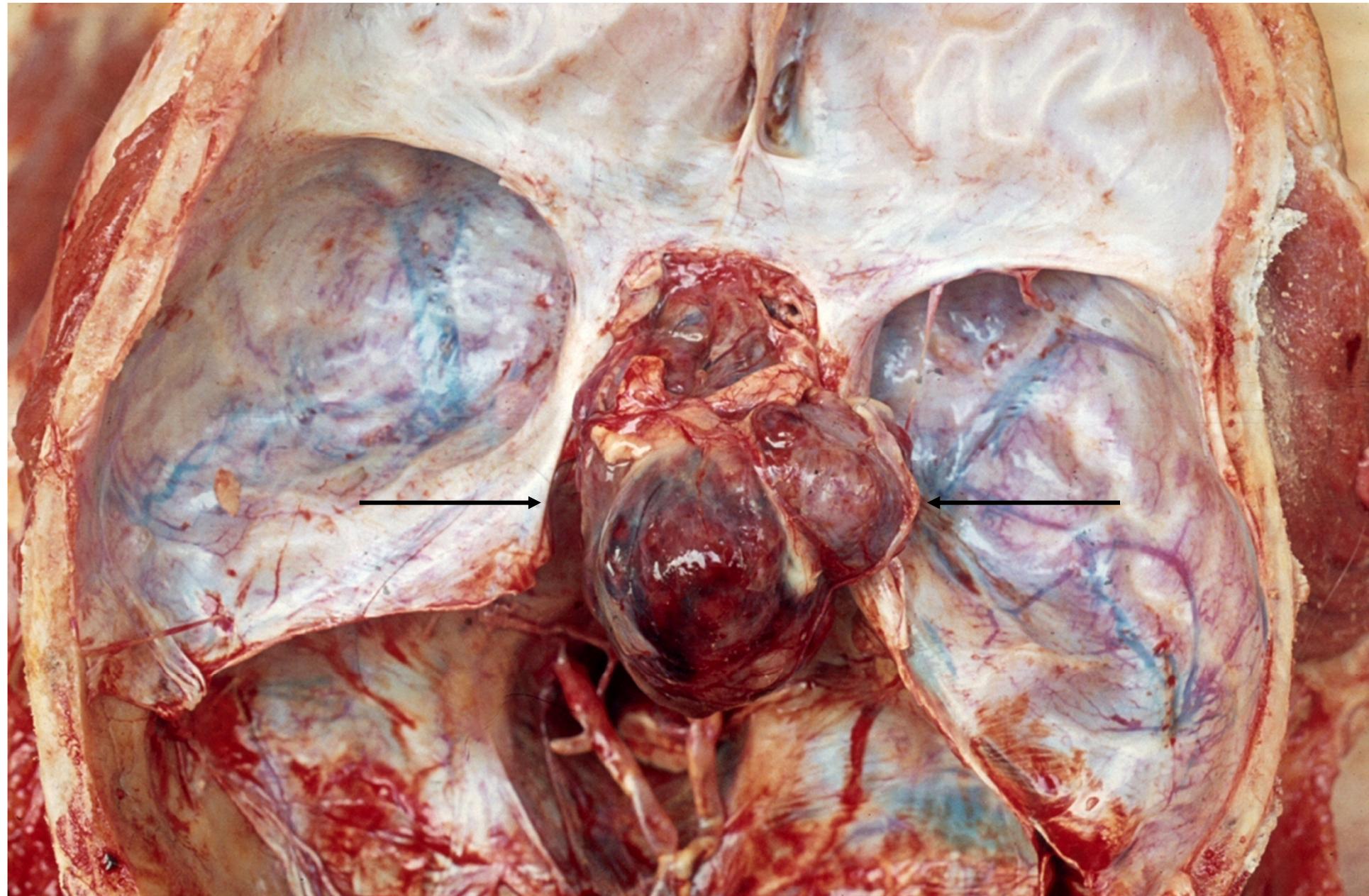
50

60

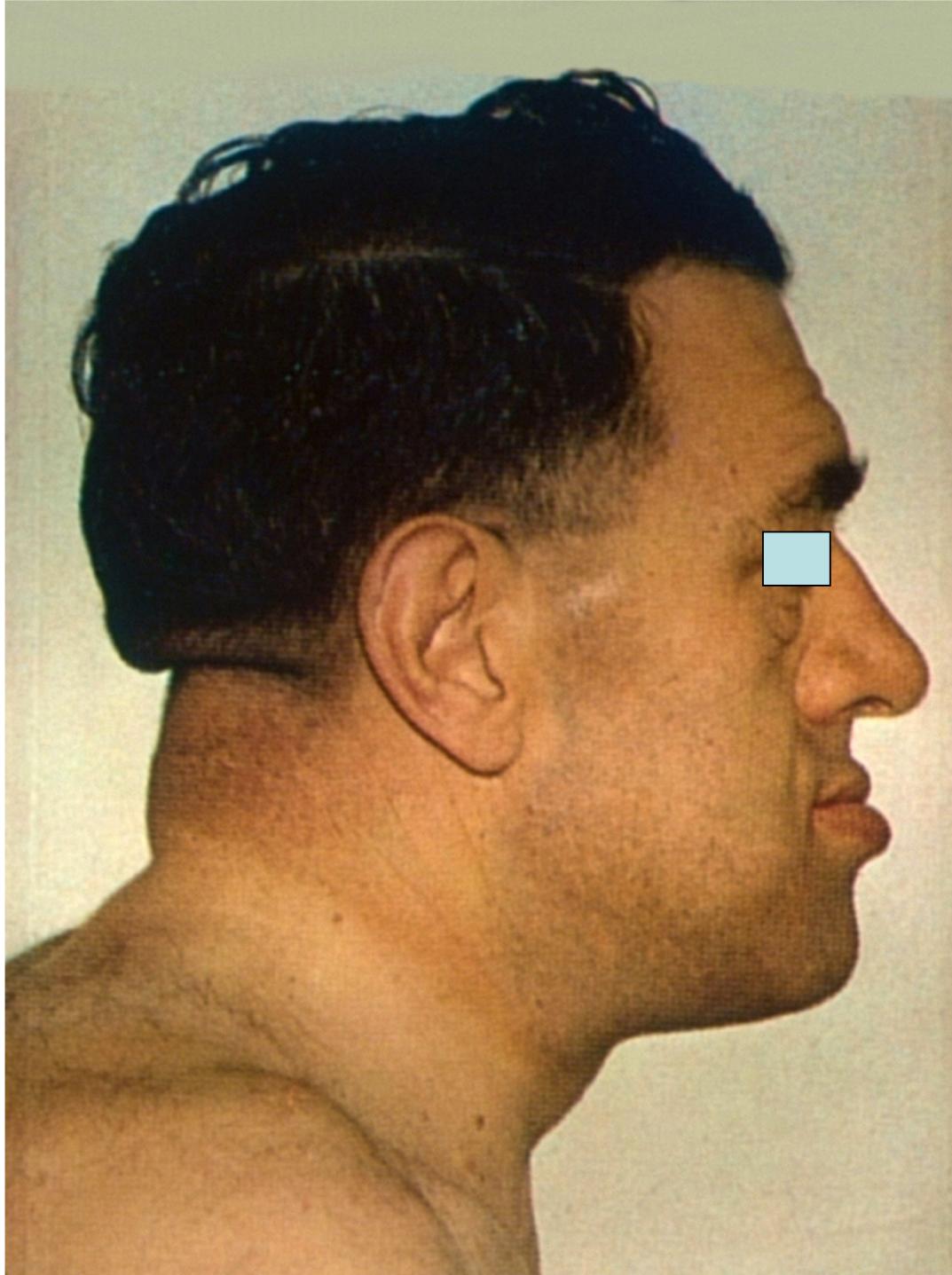


Adenom der Adenohypophyse





Nicht-funktioneller Hypophysentumor



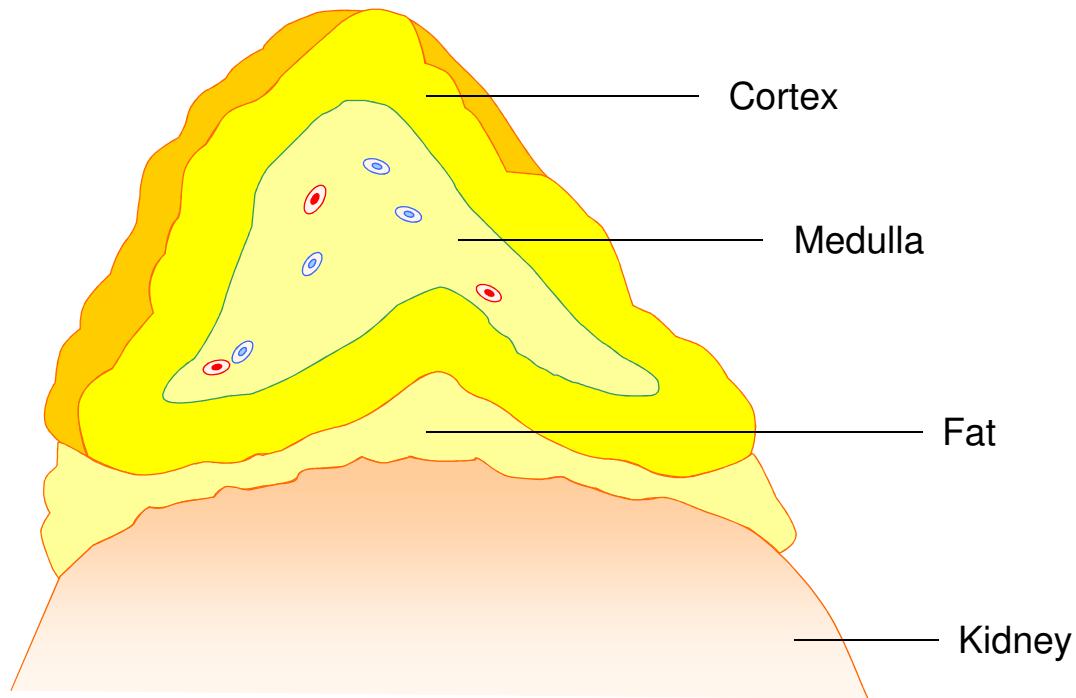
GH (STH) – Zell-Adenom  
20 % aller H.-tumoren

-Akromegalie im Erwachsenenalter  
Hervortreten der Akren

Vergrößerung der Organe  
Hypertonus, Diabetes

-Gigantismus vor Schluß  
der Epiphysenfuge

## Structure of the adrenal gland



### Structure of the adrenal gland

The adrenal glands rest on pads of fat above the kidneys. Each gland has an outer cortex, which makes up 90 percent of its weight, and an inner medulla.

# Adrenal hormones

## Epinephrine/norepinephrine

These hormones trigger the “fight or flight” response. They increase heart rate and blood flow to muscles

## Aldosterone

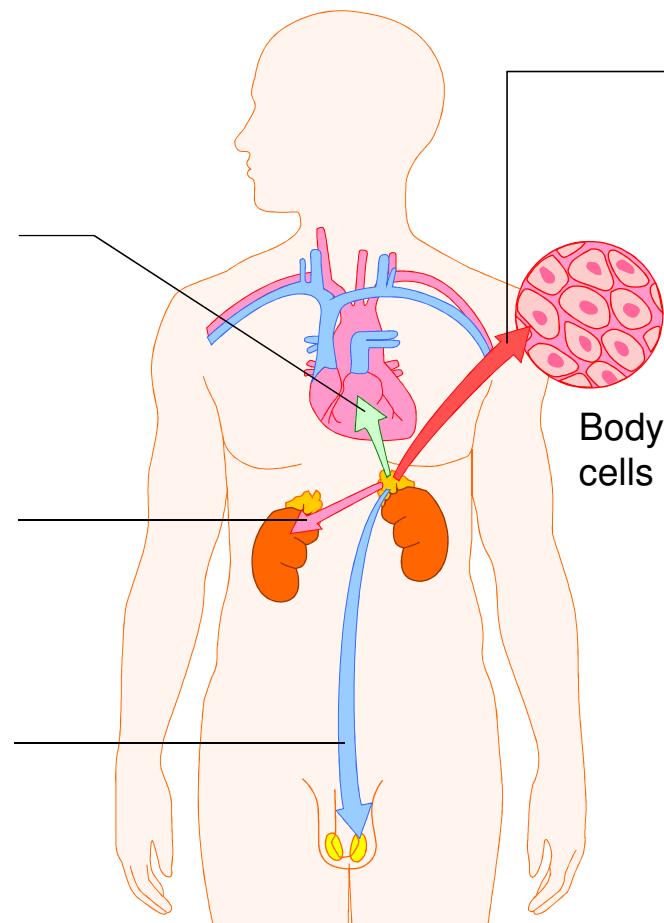
The hormone acts on the kidneys to help regulate the excretion of salt to maintain blood pressure

## Sex hormone

Adrenal androgens promote the development of secondary male sexual characteristics

## Cortisol

Cortisol helps the body adapt to physical and emotional stress by boosting blood glucose levels.



## Adrenal hormones

The adrenal cortex secretes the important corticosteroid hormones, cortisol and aldosterone, and small amounts of the male sex hormones. The medulla secretes epinephrine and norepinephrine.



ACTH-Zell-Adenom

-Cushing-Syndrom

Stammfettsucht

Mondgesicht

Muskelschwund

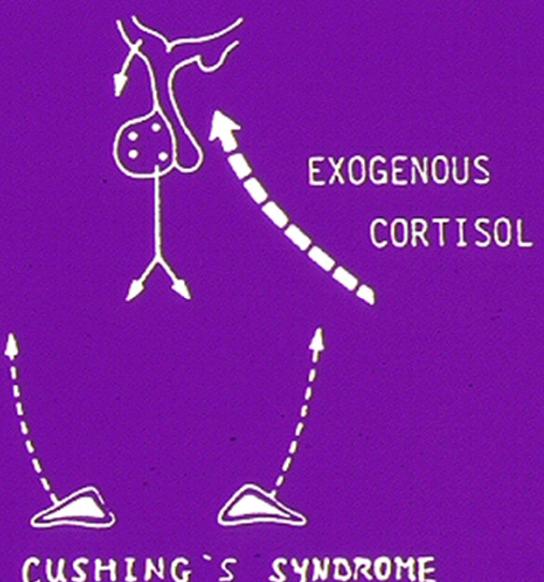
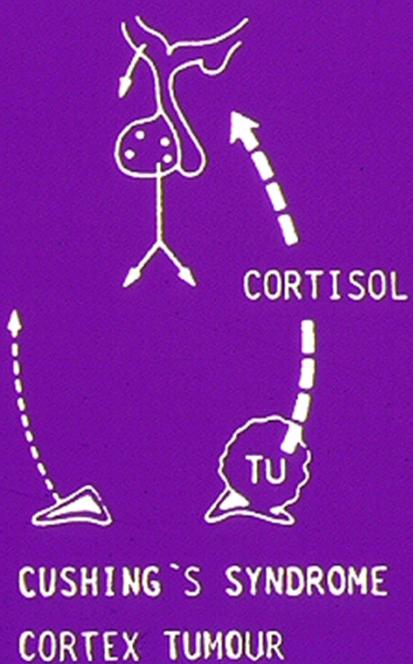
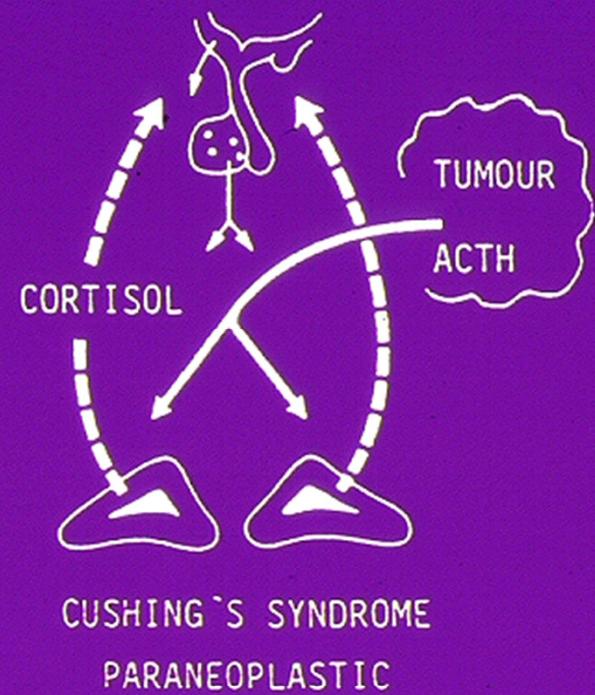
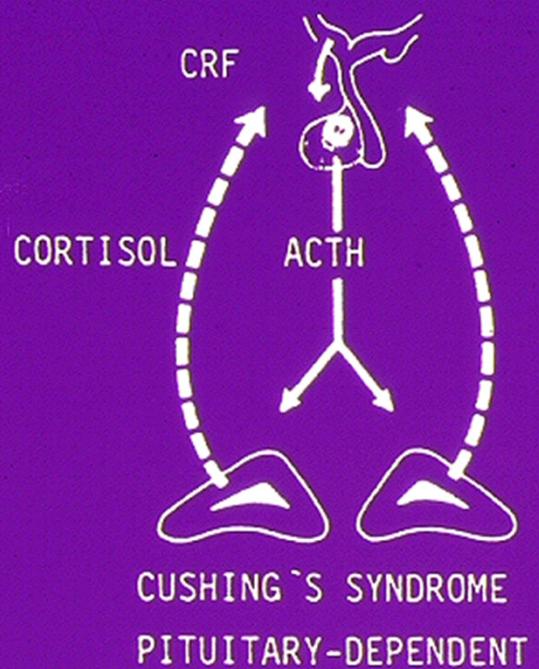
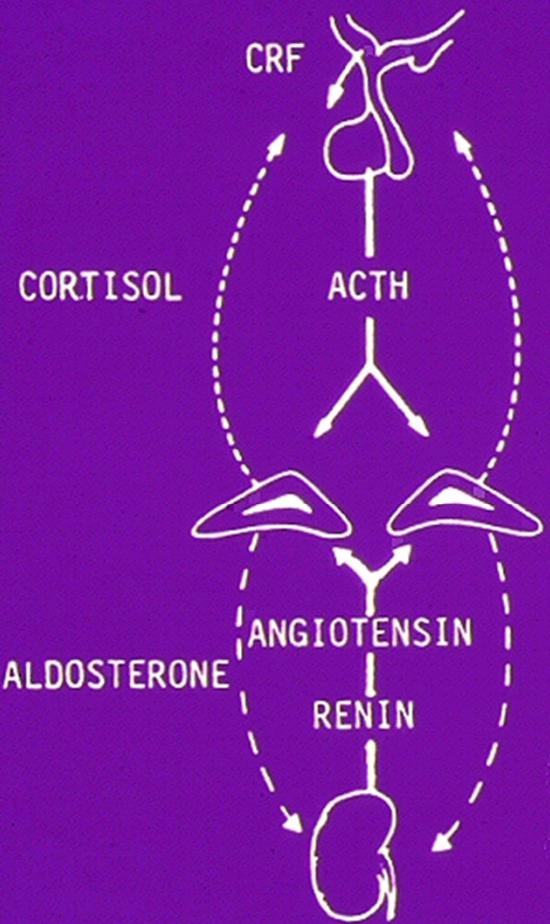
Striae

Osteoporose

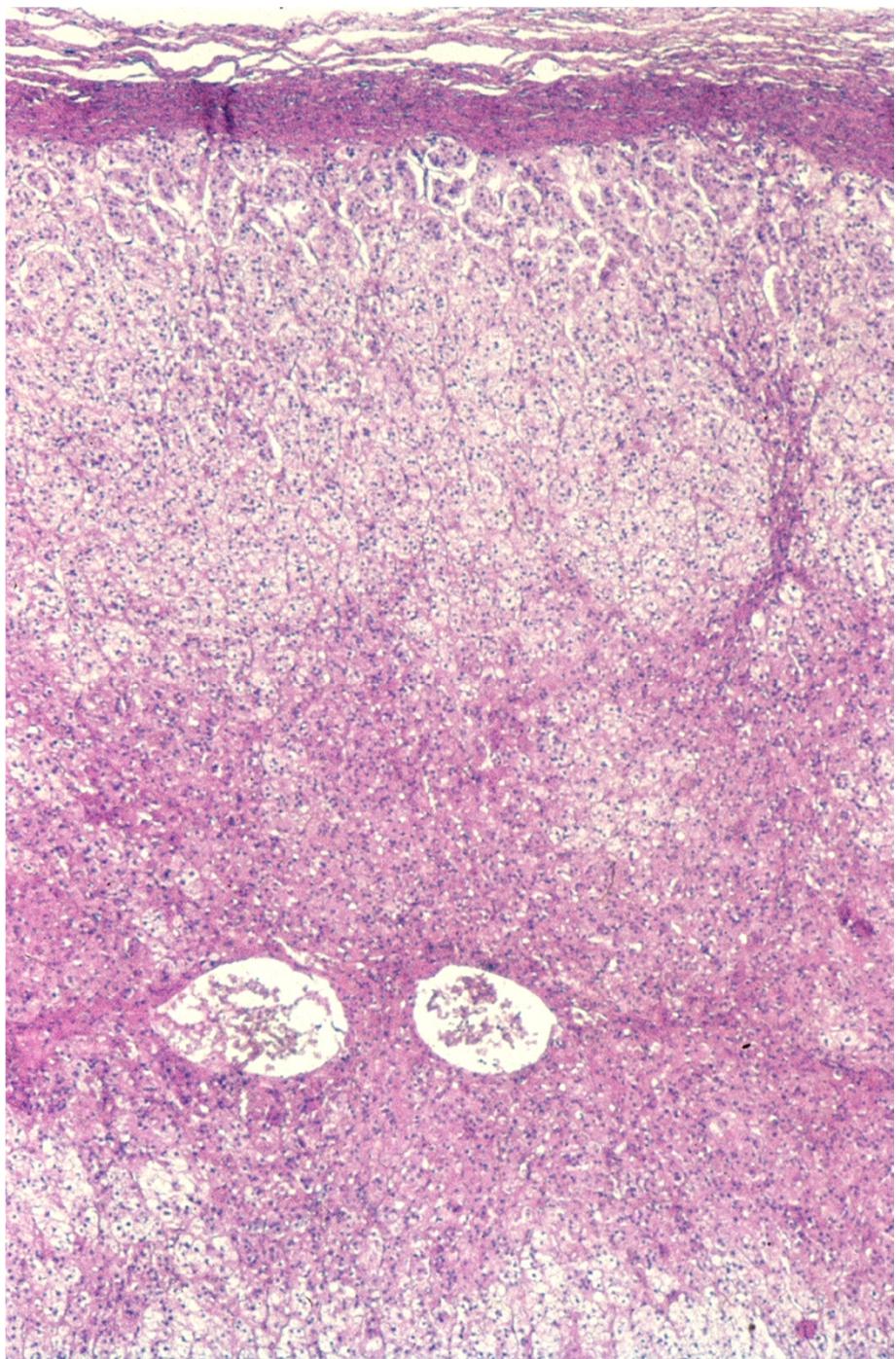
Hypertonie

Diabetes

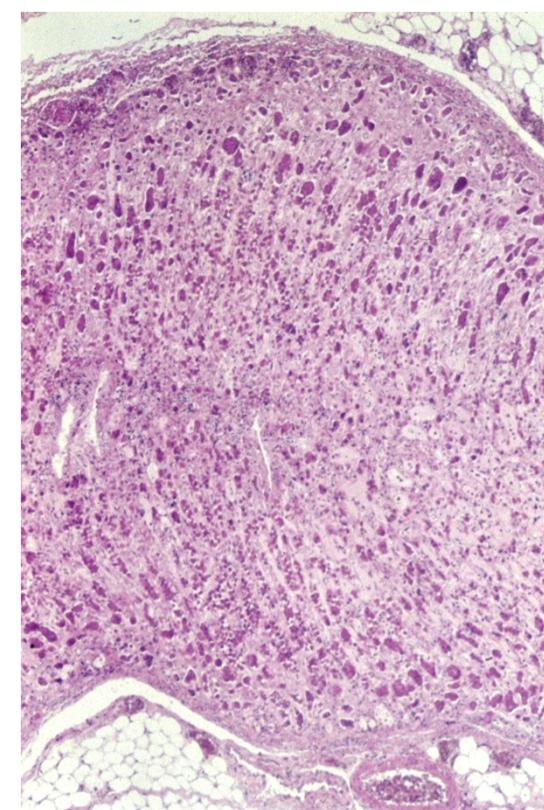
lymphat. Atrophie



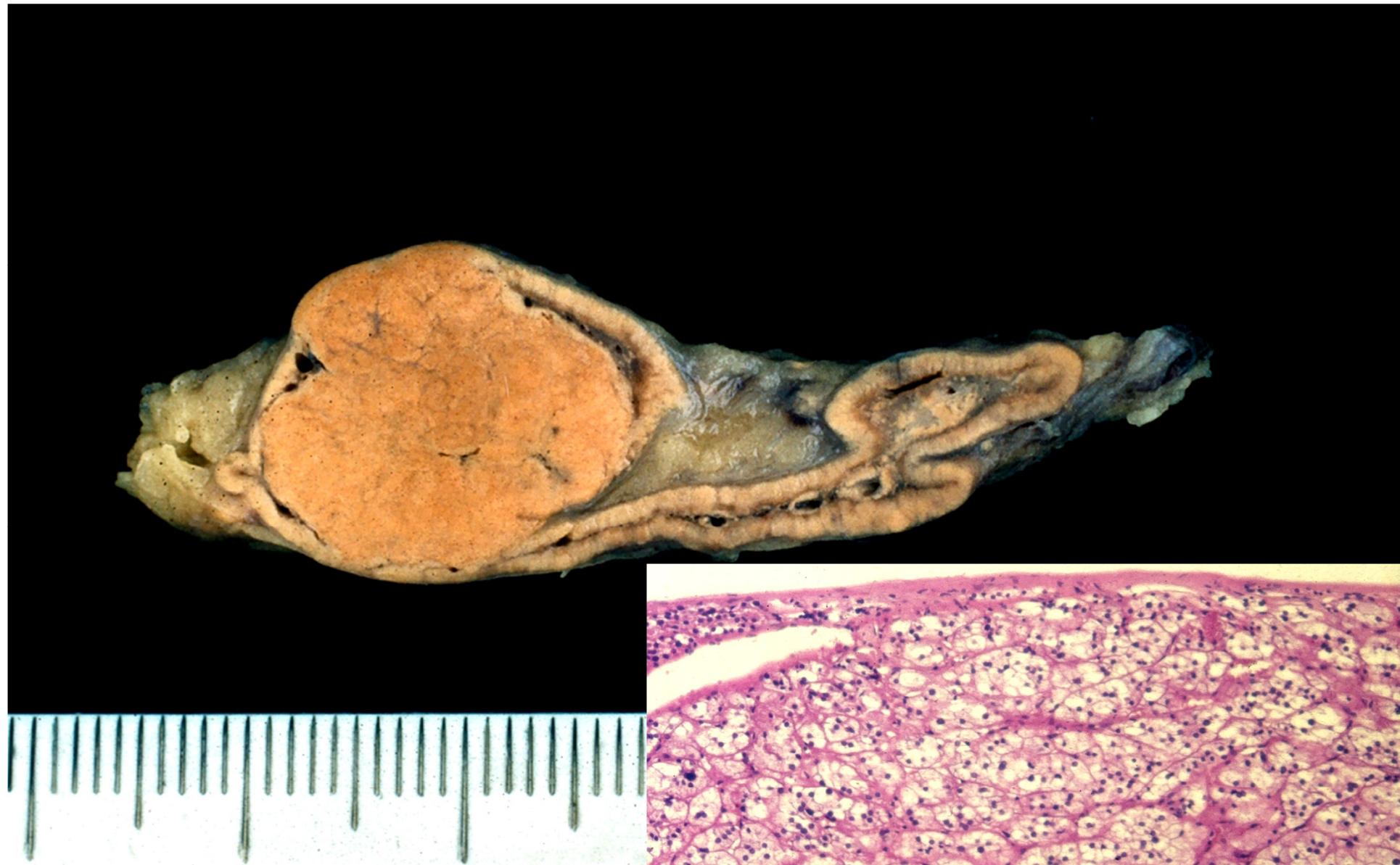




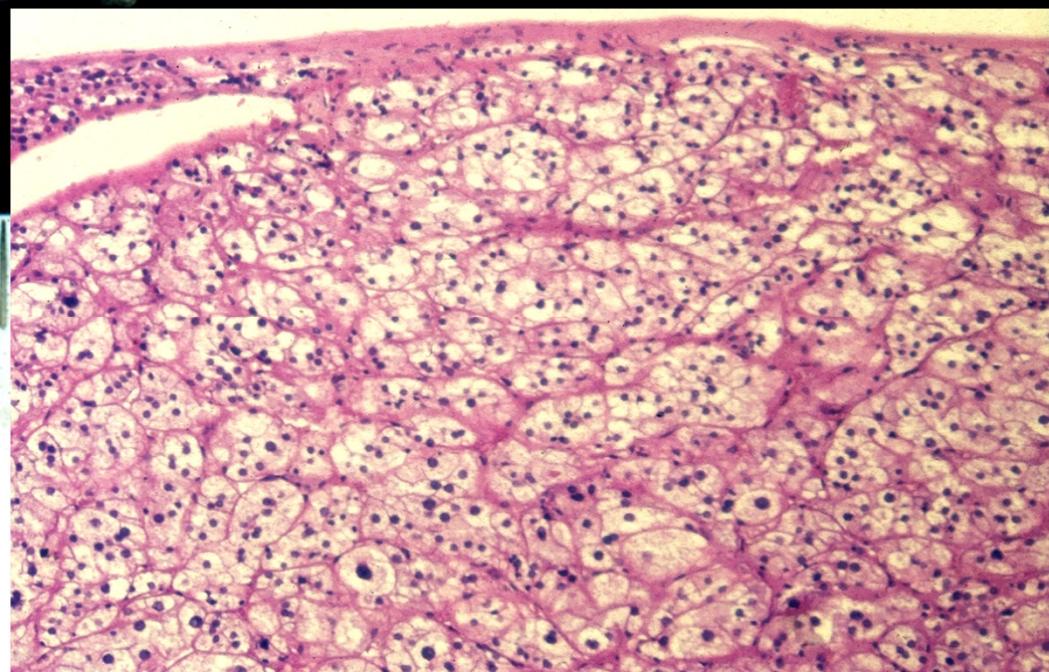
Normale NN



NN Atrophie



Conn-Syndrom : Hyperaldosteronismus  
Hypernatriämie, Hypokaliämie,  
Hypertonus



## **2. Nebennierenrinde**

### **Hyperfunktion**

- Hyperkortisolismus - Cushing-Syndrom: Stammfettsucht, Mondgesicht, Striae, Osteoporose, Infekte, Diabetes, Hypertonus u.a.
  - NNR - Hyperplasie infolge ACTH - Adenom der Hypophyse
  - NNR - Adenom oder Karzinom
  - Kleinz. Lungen - Ca mit ektopischer ACTH - Sekretion
  - NNR – Atrophie bei Cortison-Medikation
- 
- Hyperaldosteronismus - Conn-Syndrom: Hyponatriämie, Hypokaliämie -> Hypertonus
  - NNR-Adenom

### **Hypofunktion - M. Addison:** Adynamie, Hypotonus

NNR-Destruktion durch Entzündung, Blutung

Nebennierenrindenhypofunktion:  
Krankheitsbild: M. Addison mit  
Adynamie, Hypotonie, Hyperkaliämie

Pathologie:Nebennierenrindenatrophie

- Ursachen:
  - Fehlende Stimulation durch ACTH
  - Medikation von Cortison (**Iatrogen**)

Pathologie: Nebennierenrindenzerstörung

- Autoimmune Adrenalitis
- Blutung
- Meningokokkensepsis
- TBC

### 3. Nebennierenmark und sympathische und parasympathische Paraganglien

#### Tumoren

**Mit Hyperfunktion = Hyperadrenalinismus = Hypertonie-Syndrom**

##### **Phaeochromozytom:**

meist benigner adrenaler Tumor

gelegentlich extraadrenal (sympathische Paraganglien)

sporadisch: solitär

hereditär: bilateral bei Multipler Endokriner Neoplasie Typ 2

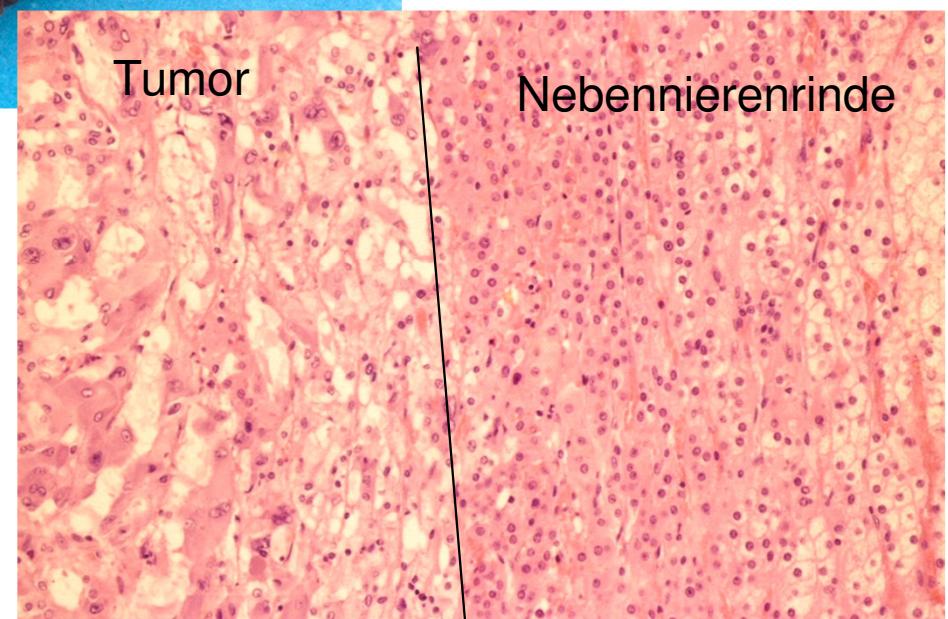
##### **Mit normaler Funktion**

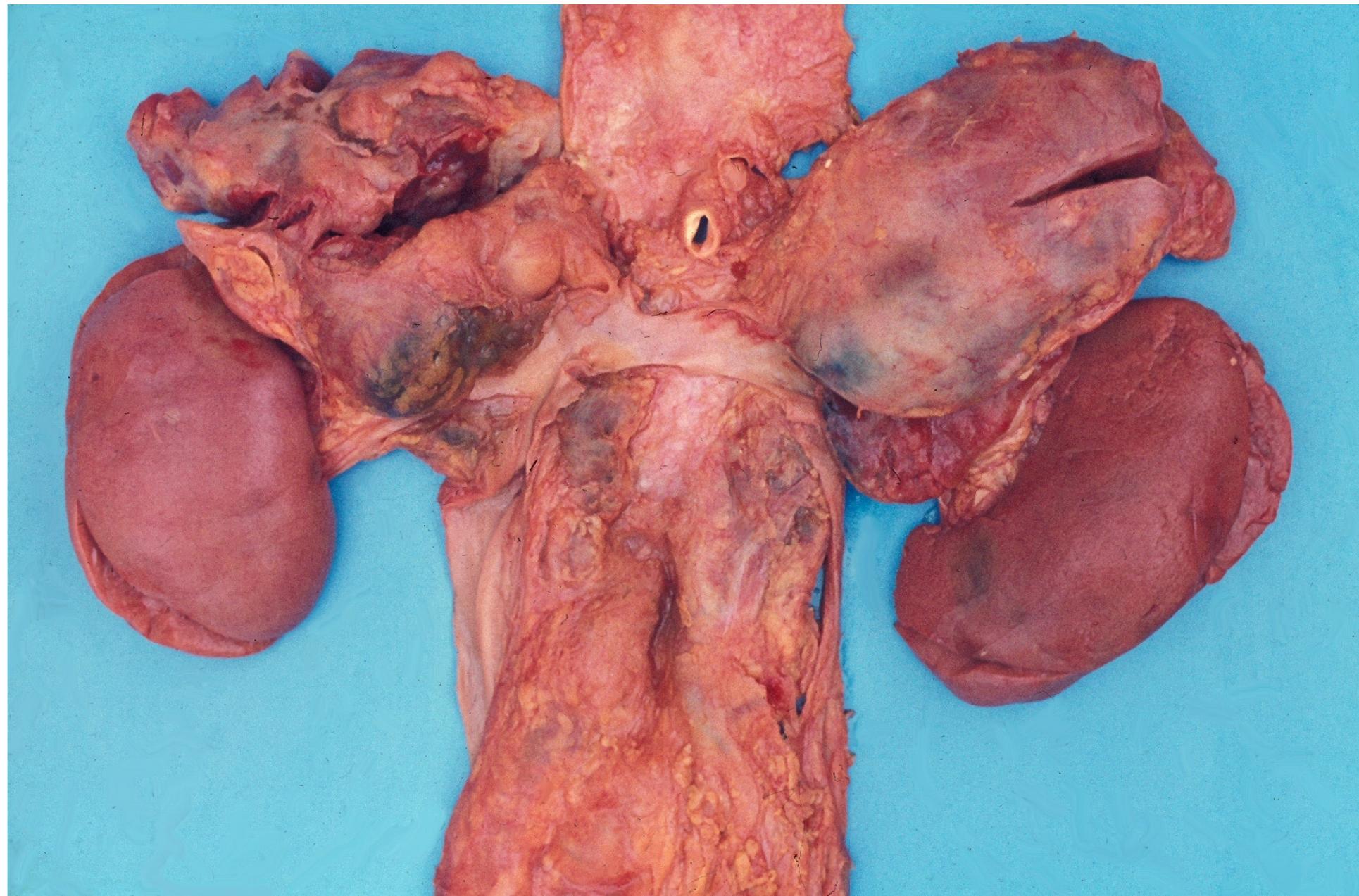
**Neuroblastom:** häufigster maligner Tumor bei Kindern < 4 J

**Paragangliom:** meist benigner Tumor der  
parasympathische Paraganglien



Nebenniere mit  
Phäochromozytom





Bilaterale hereditäre Phäochromozytome bei Multipler Endokriner Neoplasie Typ 2

### 3. Nebennierenmark und sympathische und parasympathische Paraganglien

#### Tumoren

**Mit Hyperfunktion = Hyperadrenalinismus = Hypertonie-Syndrom**

##### **Phaeochromozytom:**

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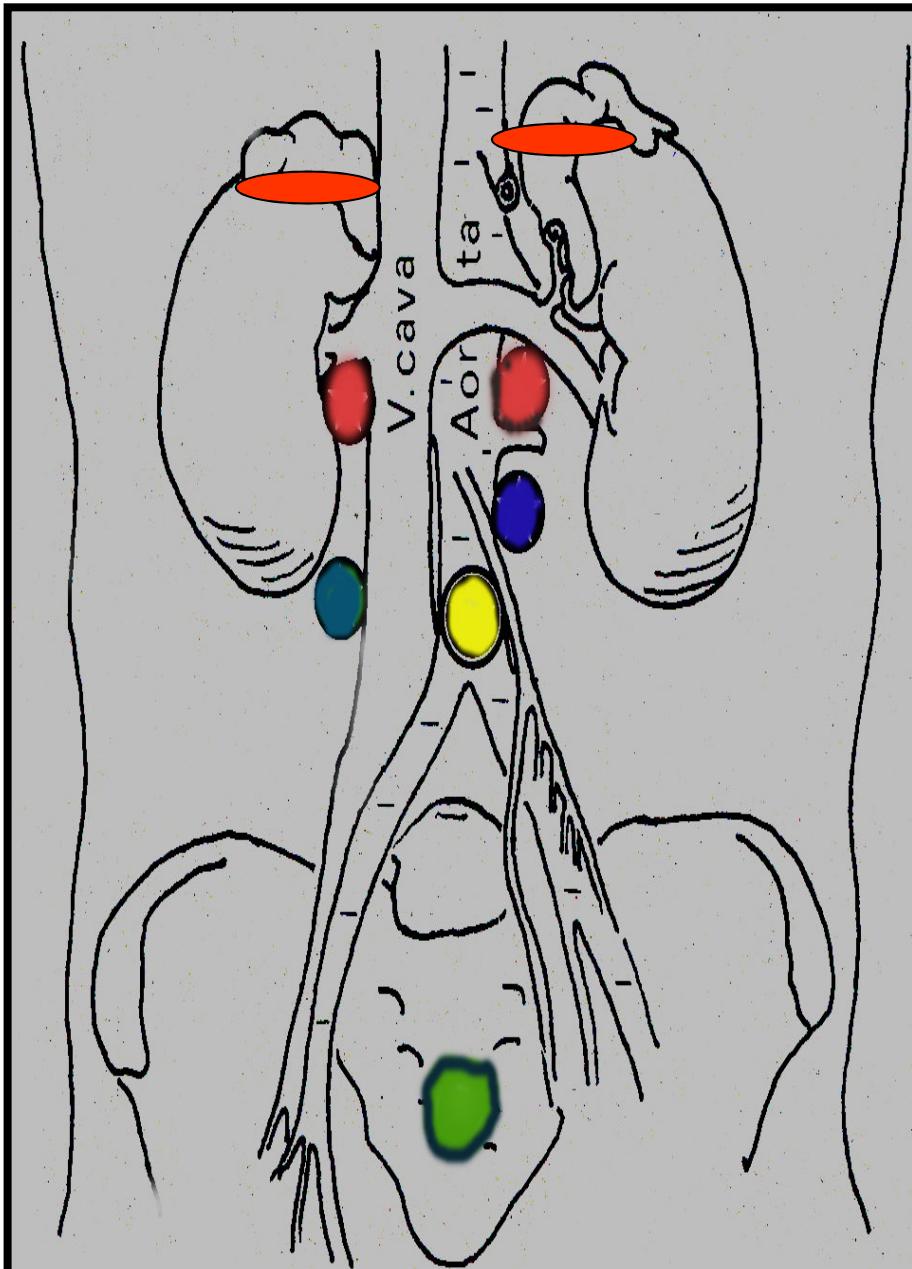
hereditär: bilateral bei Multipler Endokriner Neoplasie Typ 2

#### **Mit normaler Funktion**

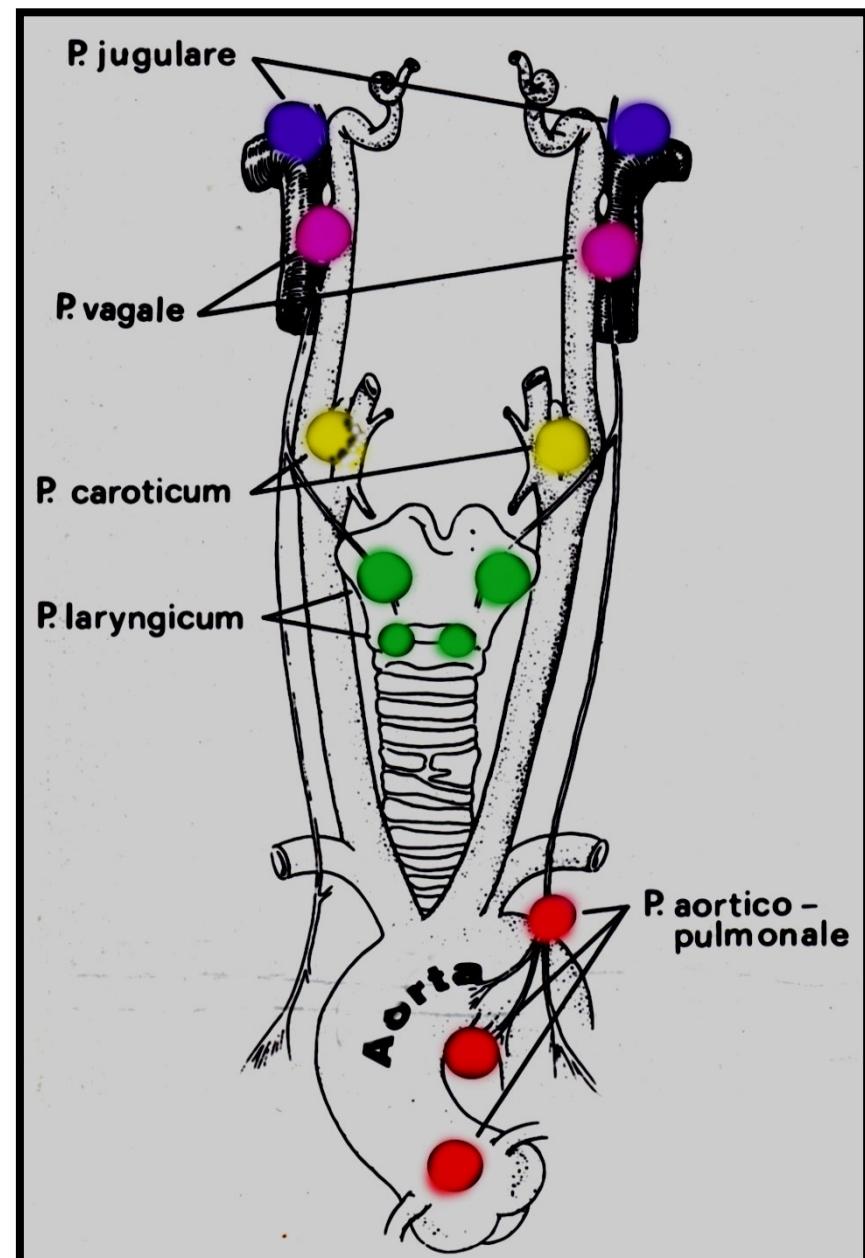
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**parasympathische Paraganglien**

Sympathische Paraganglien



Parasympathische Paranganglien



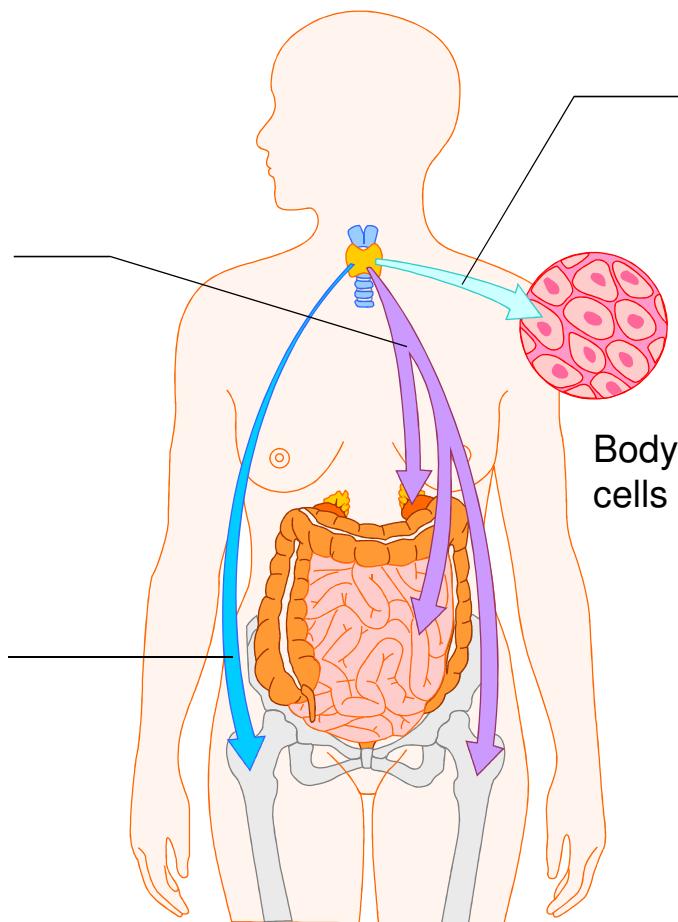
# Thyroid and parathyroid hormones

## Parathyroid hormone (PTH)

If blood calcium is low, PTH secretion is increased. The hormone acts on the bones to release calcium into the blood, on the intestines to increase the absorption of calcium from food, and on the kidneys to prevent calcium loss in urine.

## Calcitonin

This hormone inhibits calcium release from the bones if blood calcium levels are high



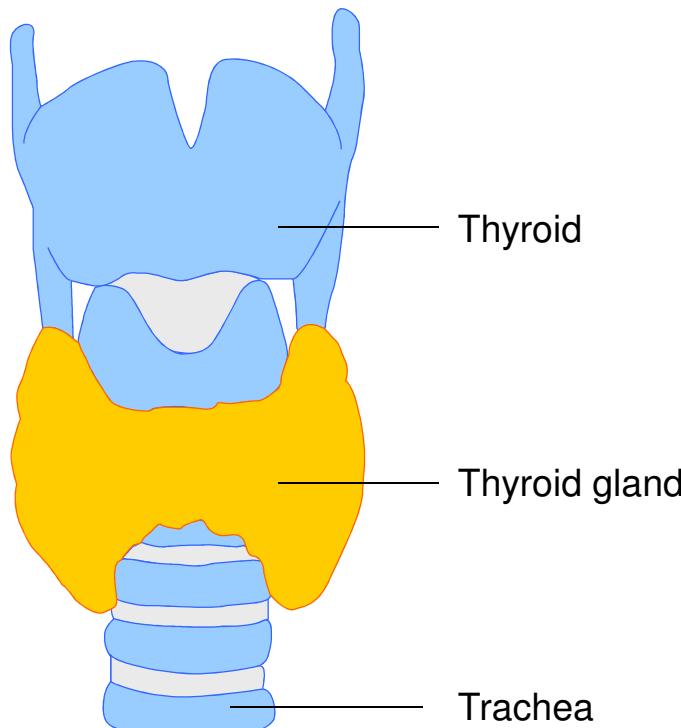
## T<sub>4</sub> and T<sub>3</sub>

These hormones regulate the rate of all chemical processes in the body, including the use of energy

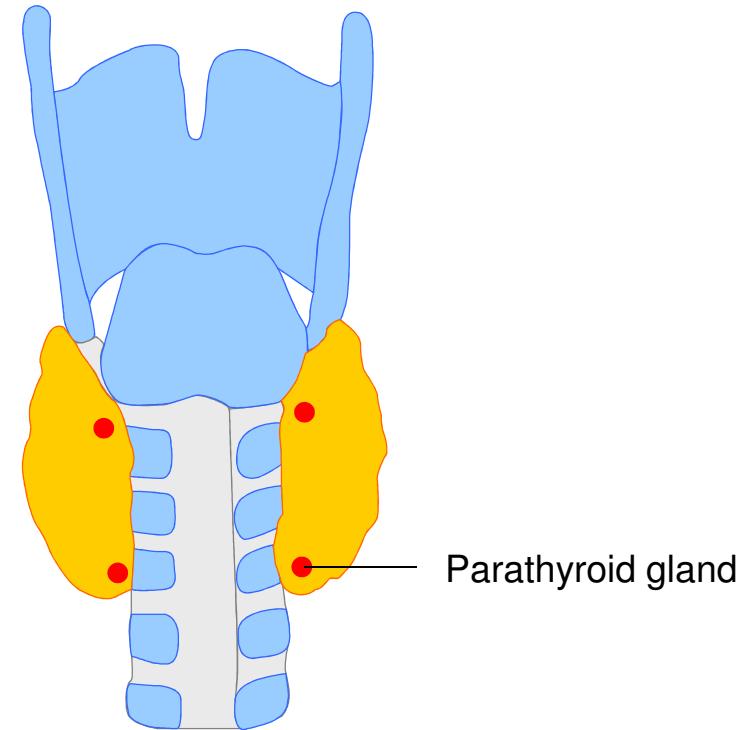
## Thyroid and parathyroid hormone

Iodine from the diet is used to make the hormones T<sub>4</sub> and T<sub>3</sub>. These hormones are produced by the thyroid gland and regulate body metabolism. Parathyroid hormone (PTH) and, to a lesser extent, calcitonin regulate levels of calcium and phosphate.

## Structure of the thyroid and parathyroid glands



Front view

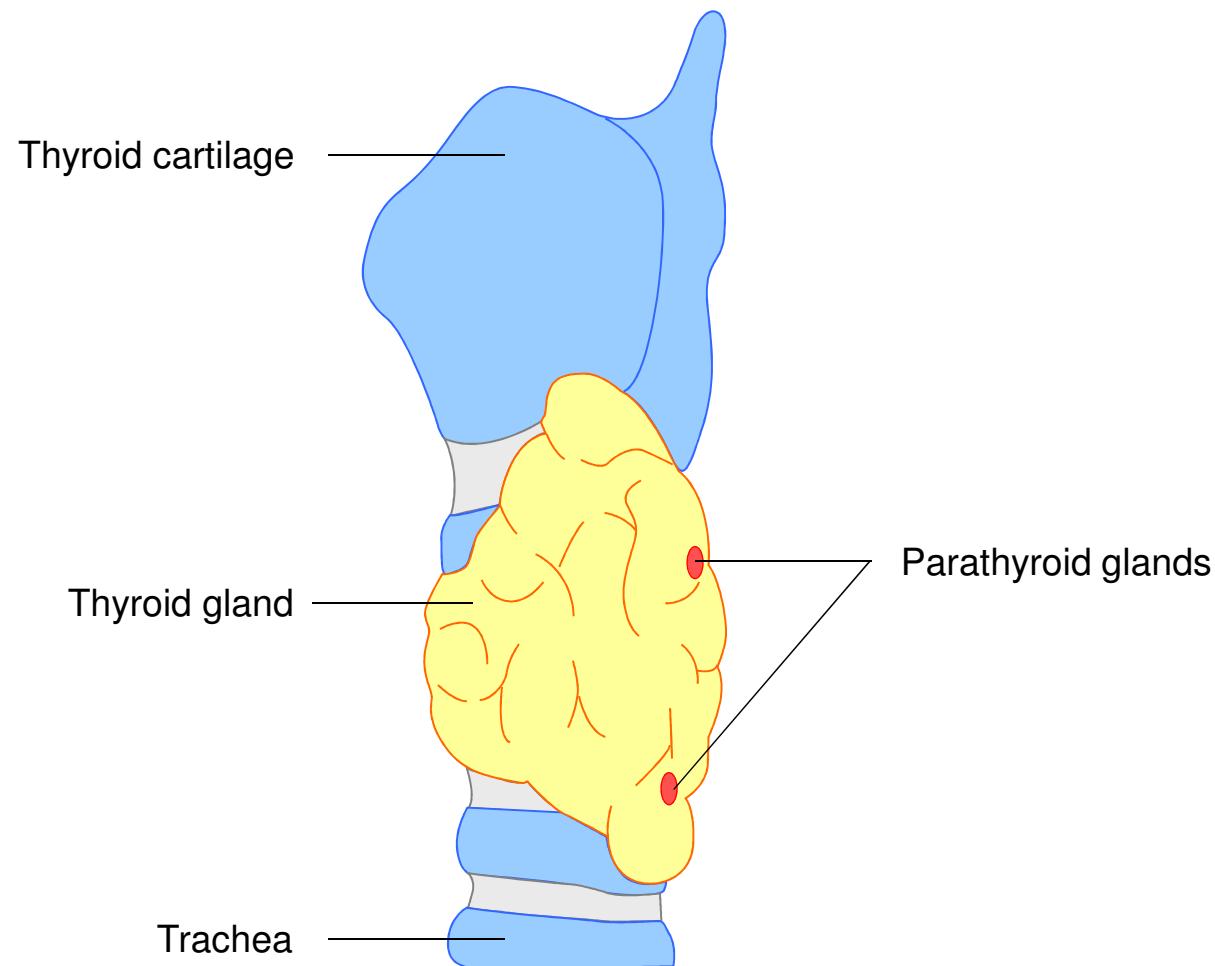


Back view

### Structure of the thyroid and parathyroid glands

The thyroid gland is wrapped around the front of the trachea. The four parathyroid glands are at the back of the thyroid gland.

## Thyroid and parathyroid glands



## **4. Schilddrüse**

### **Hyperfunktion- Hyperthyreose**

M. Basedow-Graves : diffuse Struma u. Exophthalmie  
--> Autoimmune Erkrankung

Funktionelle Autonomie:  
-toxische multinoduläre Struma  
:-toxisches Adenom

### **Hypofunktion - Hypothyreose**

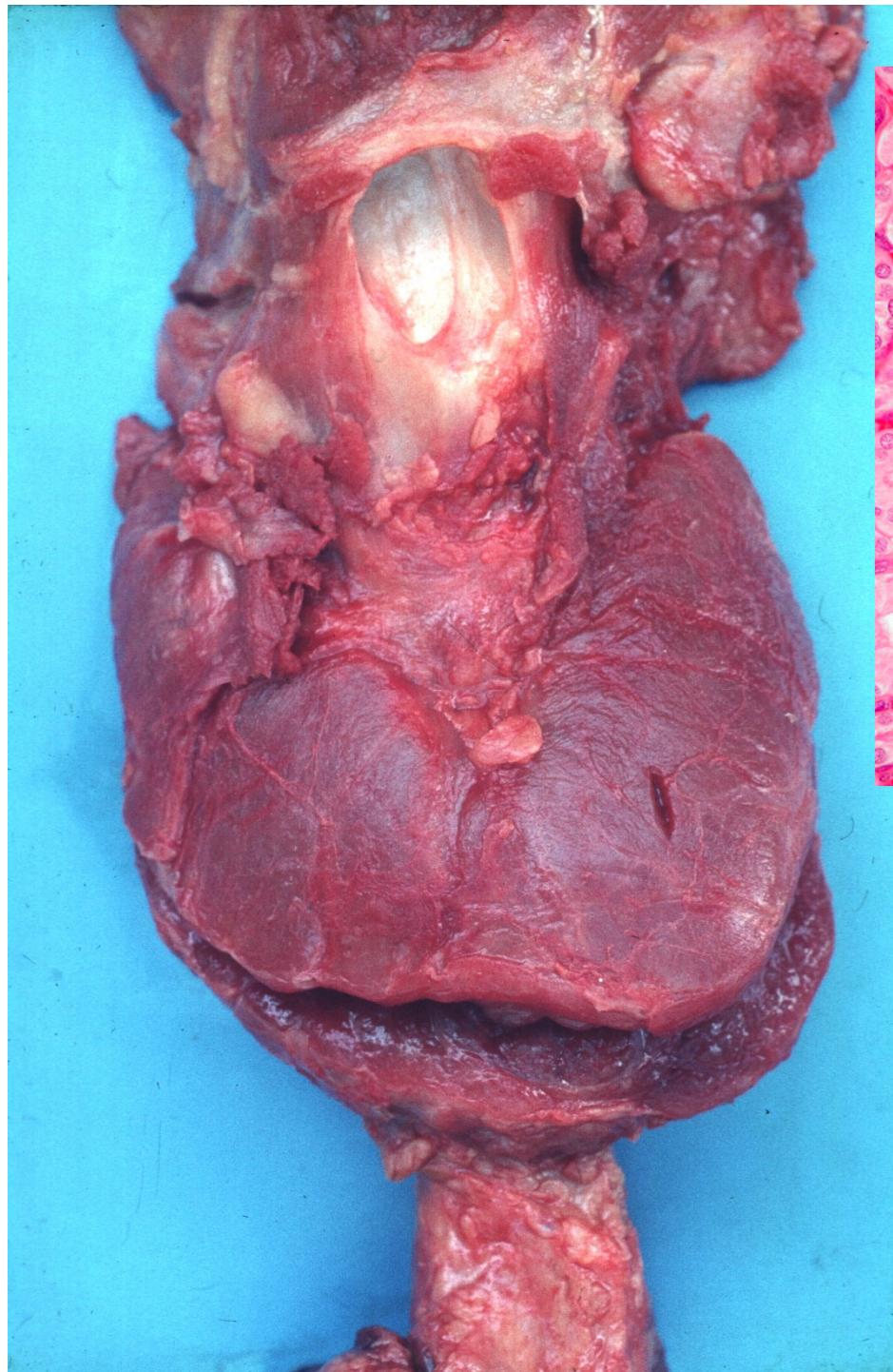
kongenital : Kretinismus : Agenesie, Enzimmangel  
erworben : M. Hashimoto : Autoimmunthyreoiditis

### **Erkrankungen ohne Funktionsstörung**

infektiöse (virale) Thyreoiditis DeQuervain  
nodöse Struma ("Knotenkropf")  
Jodmangel - endemisch (Anden)

### **Tumoren**

follikuläres Adenom  
follikuläres Karzinom  
papilläres Karzinom  
anaplastisches Karzinom  
medulläres (C-Zell) Karzinom (Kalzitoninproduktion)





**Hyperthyreose: Tachykardie,  
Hypertonus, leichtes  
Schwitzen, Unruhe, erhöhter  
Grundumsatz**

**Exophthalmus**

**Autoantikörper: Thyroid  
stimulating immunoglobulin  
(TSI)**

**Frauen 9 : Männer 1; 40 – 50 J**



## Toxisches “autonomes” Adenom

**Hyperthyreose  
ohne Autoantikörper/  
ohne Exophthalmus**

**Ursache: Mutationen des  
TSH Rezeptor Gens  
(gain of function mutation)**



**Monoklonale Proliferation von  
hyperfunktionellen Thyreozyten**

## **4. Schilddrüse**

### **Hyperfunktion- Hyperthyreose**

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### **Tumoren**

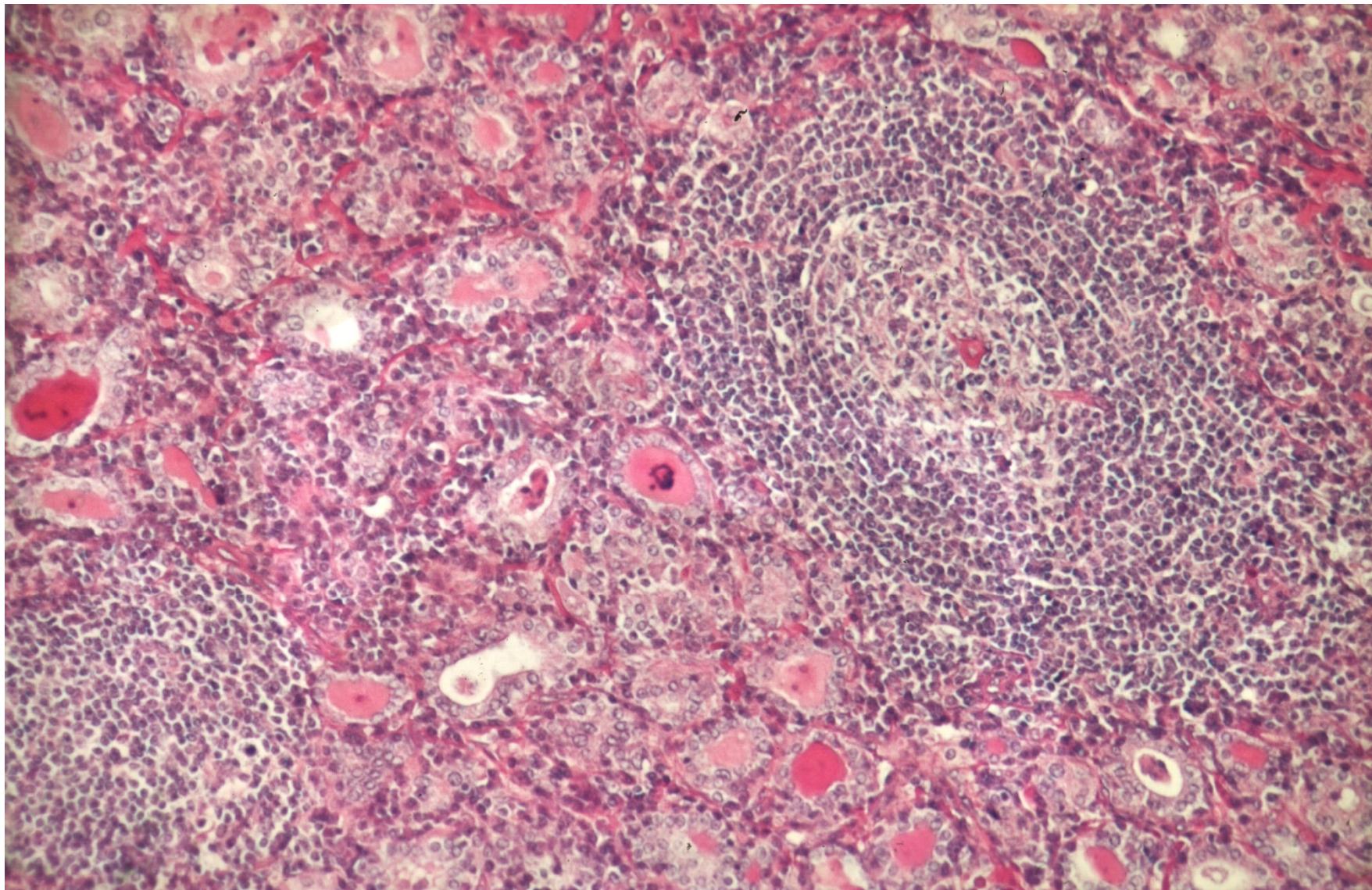
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follikuläres Karzinom  
papilläres Karzinom  
anaplastisches Karzinom  
medulläres (C-Zell) Karzinom (Kalzitoninproduktion)

**Hashimoto Beginn stadium**



**Endstadium**

# Autoimmune Schilddrüsenerkrankung



Hashimoto Thyreoditis – chron. lymphozytäre Thyreoiditis

## **4. Schilddrüse**

### **Hyperfunktion-Hyperthyreose**

M. Basedow-Graves : diffuse Struma u. Exophthalmie  
--> Autoimmune Erkrankung

Funktionelle Autonomie: toxische multinoduläre Struma  
: toxisches Adenom

### **Hypofunktion - Hypothyreose**

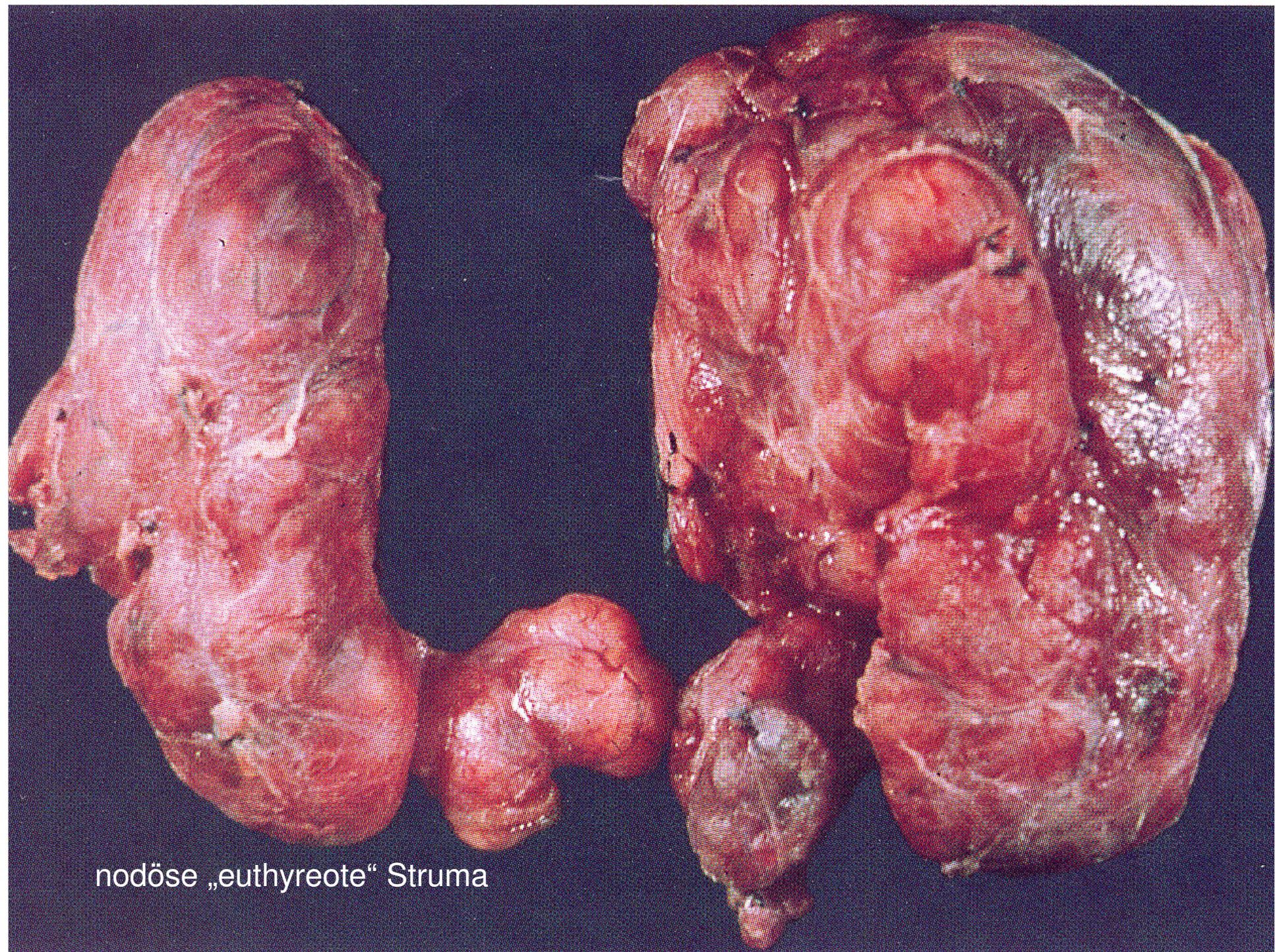
kongenital : Kretinismus : Agenesie, Enzimmangel  
erworben : M. Hashimoto : Autoimmunthyreoiditis

### **Erkrankungen ohne Funktionsstörung**

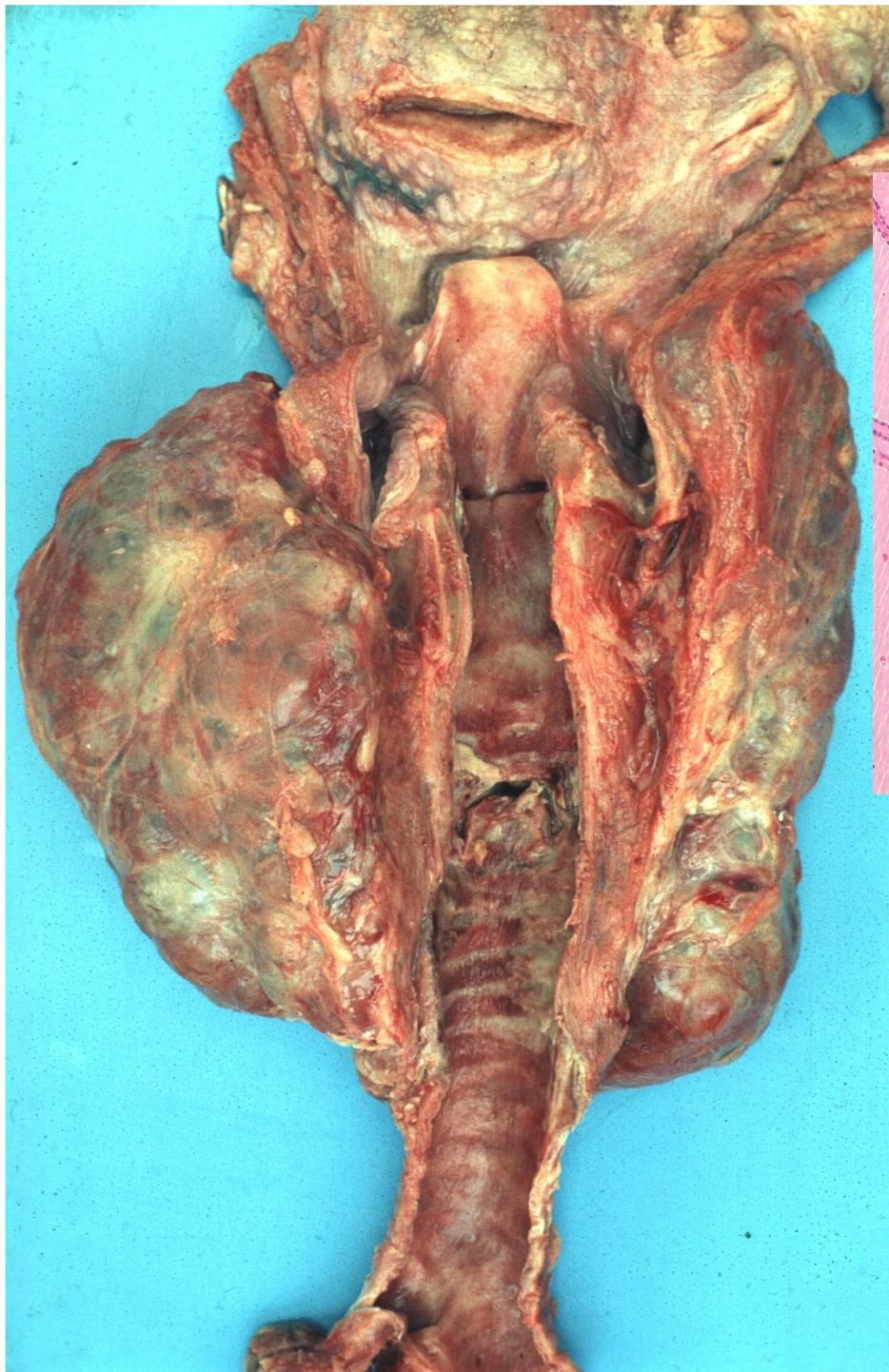
: infektiöse (virale) Thyreoiditis DeQuervain  
: nodöse „euthyreote“ Struma (“Knotenkropf”)  
Jodmangel - endemisch (Anden)

### **Tumoren**

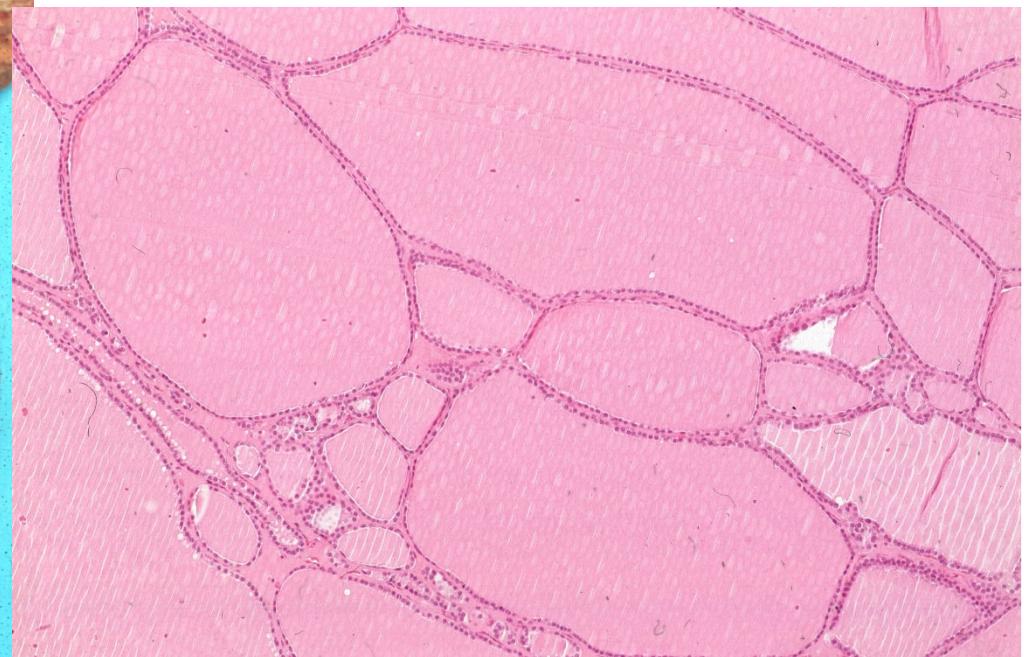
: follikuläres Adenom  
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: anaplastisches Karzinom  
: medulläres (C-Zell) Karzinom (Kalzitoninproduktion)



nodöse „euthyreote“ Struma



Nodöse „euthyreote“ Struma



Hypoaktives Schilddrüsengewebe

## **4. Schilddrüse**

### **Hyperfunktion-Hyperthyreose**

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Funktionelle Autonomie: toxische multinoduläre Struma  
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### **Hypofunktion - Hypothyreose**

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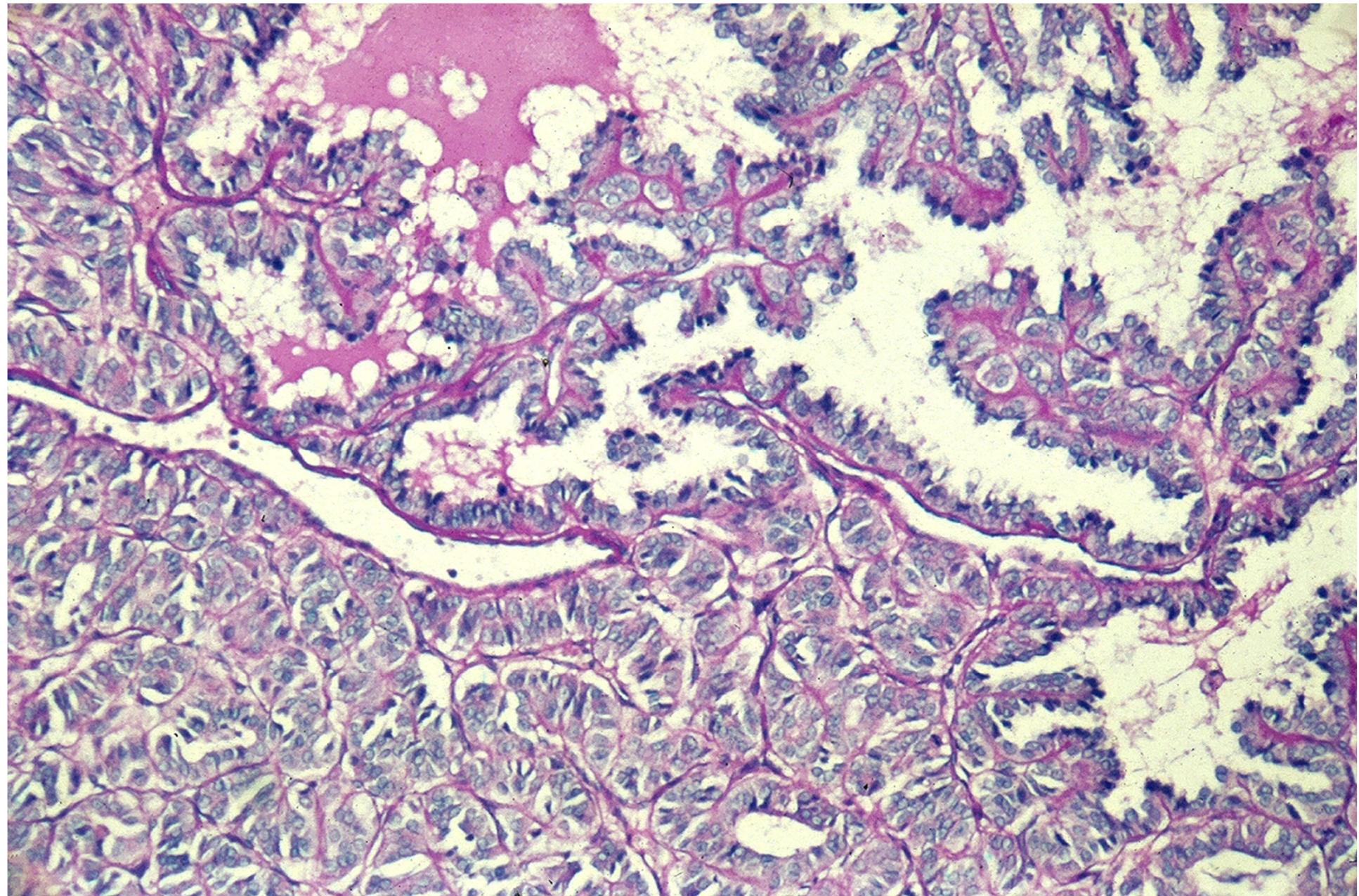
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: infektiöse (virale) Thyreoiditis DeQuervain  
: nodöse Struma ("Knotenkropf")  
Jodmangel - endemisch (Anden)

### **Tumoren**

: follikuläres Adenom  
: follikuläres Karzinom - gute Prognose  
: papilläres Karzinom - gute Prognose  
: anaplastisches Karzinom - schlechte Prognose  
: medulläres (C-Zell) Karzinom (Kalzitoninproduktion) – mäßige Prognose





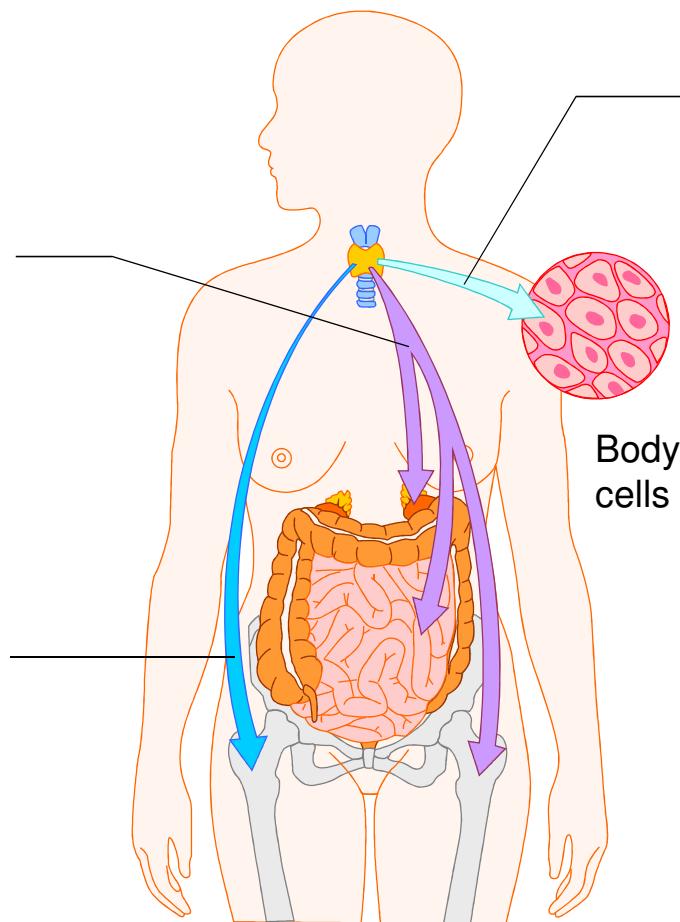
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These hormones regulate the rate of all chemical processes in the body, including the use of energy

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## **4. Nebenschilddrüsen**

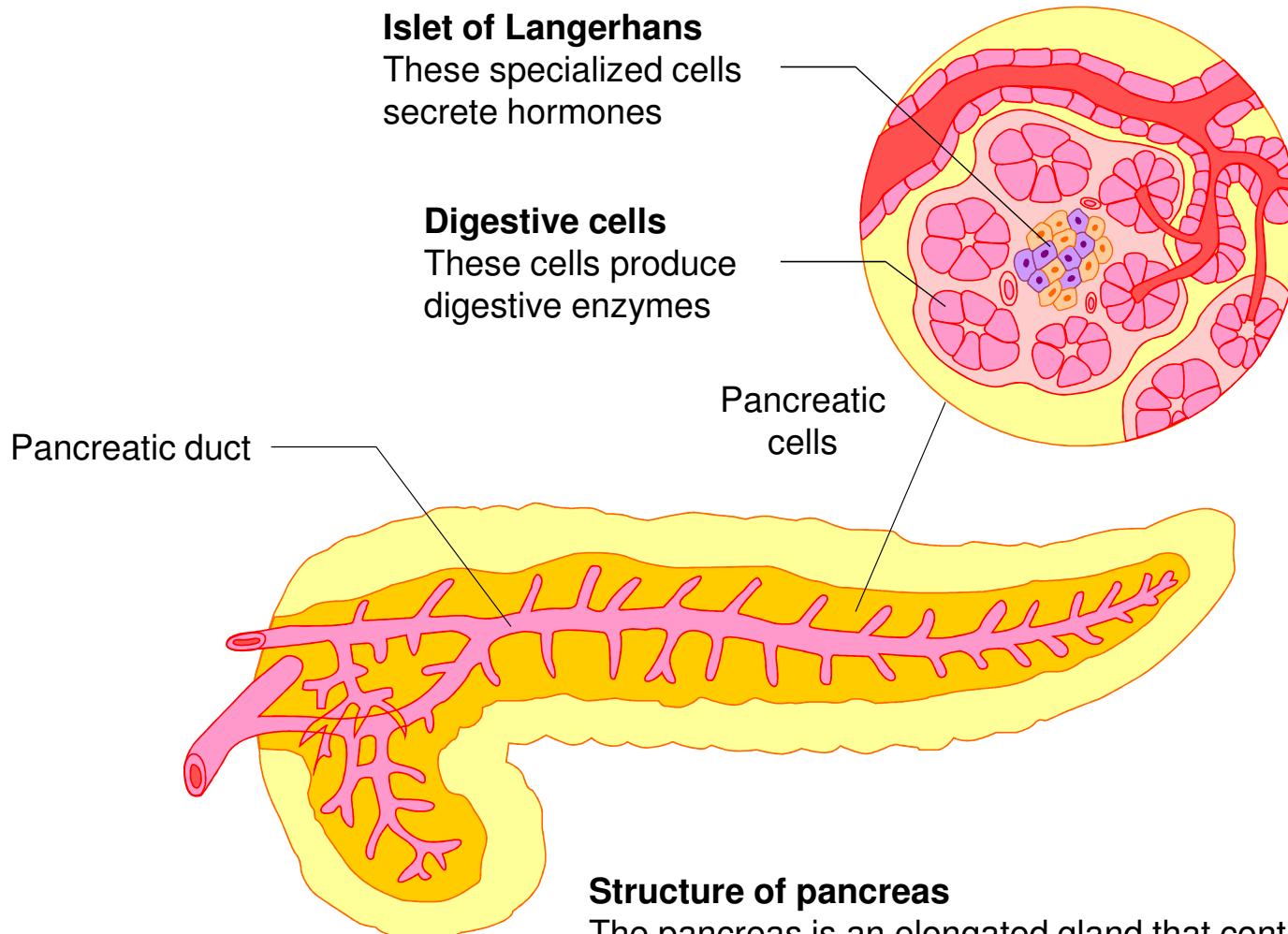
### **Hyperparathyreoidismus**

- primär Solitäres Adenom
- sekundär bei Niereninsuffizienz: Hyperplasie

### **Hypoparathyreoidismus**

- meist sek. nach Schilddrüsenresektion

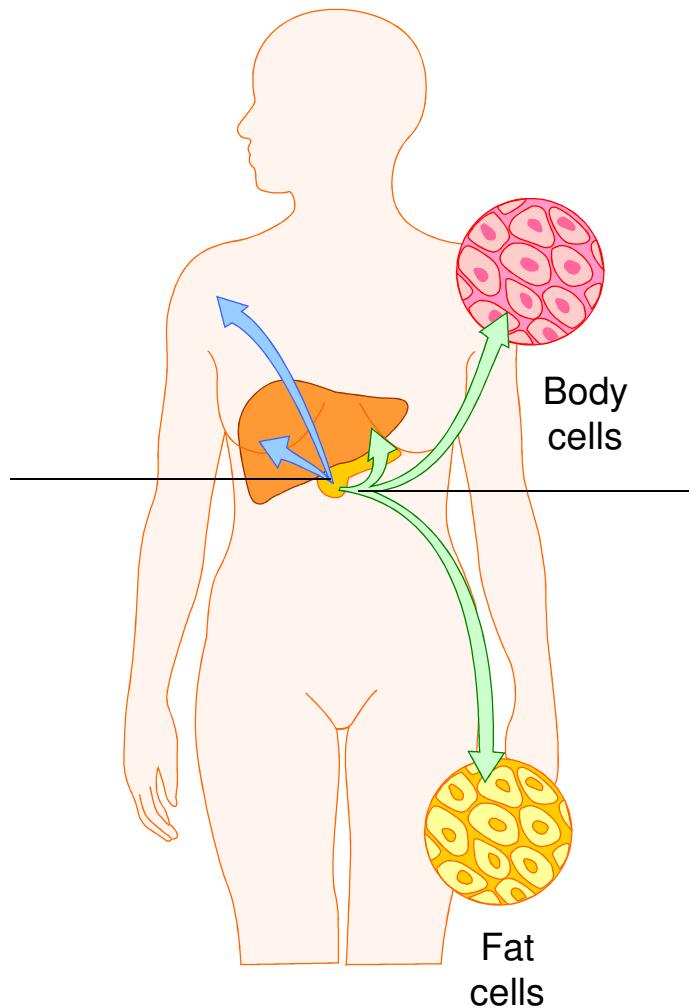
# Pancreas



## Pancreatic hormones

### Glucagon

Glucagon raises glucose levels in the blood by stimulating the breakdown of glycogen stored in the liver and in the muscle cells

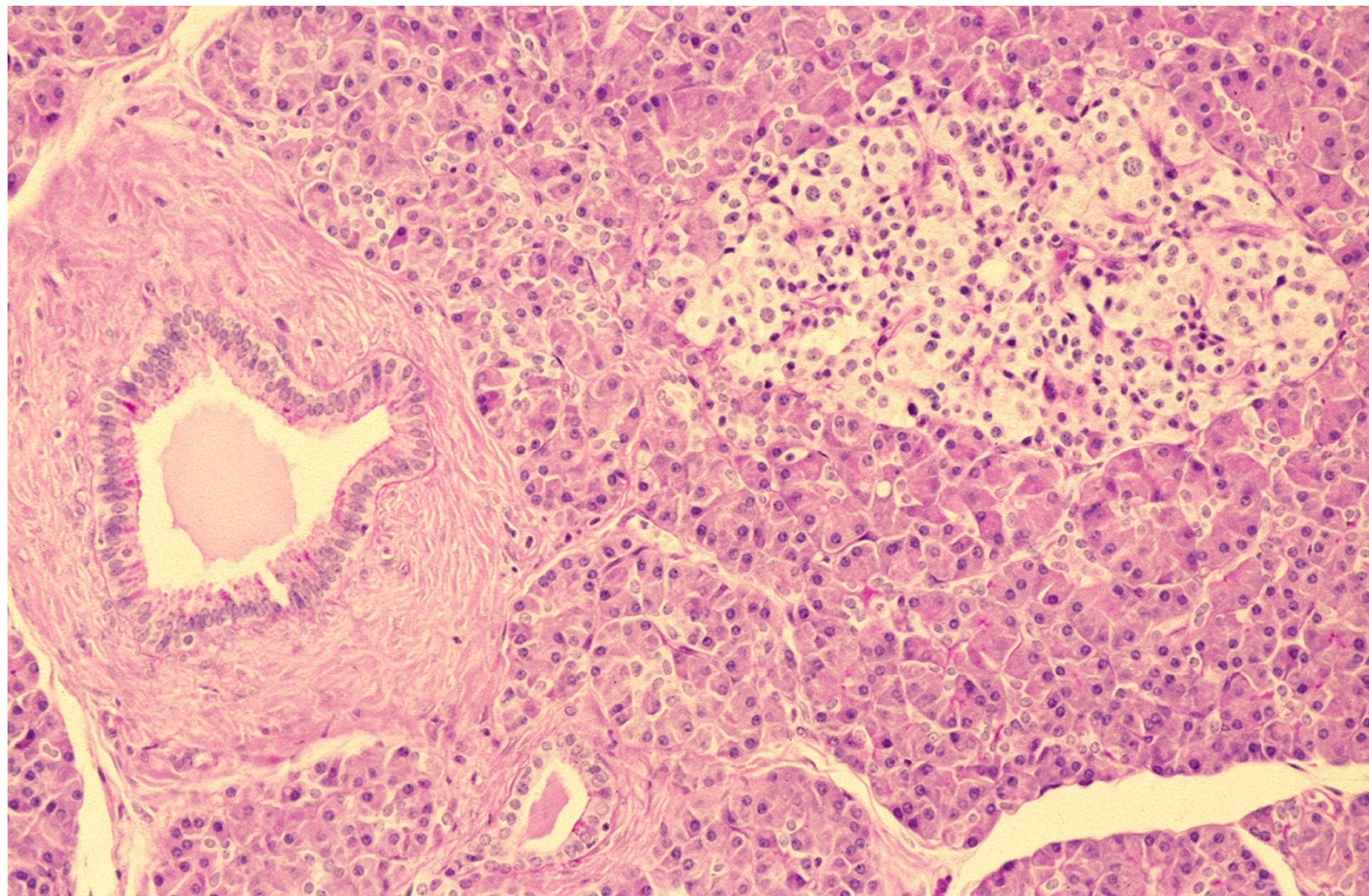


### Insulin

Insulin lowers glucose levels in the blood by stimulating body cells to absorb glucose, the liver to store glucose as glycogen, and fat cells to convert glucose into fatty acids

### Pancreatic hormones

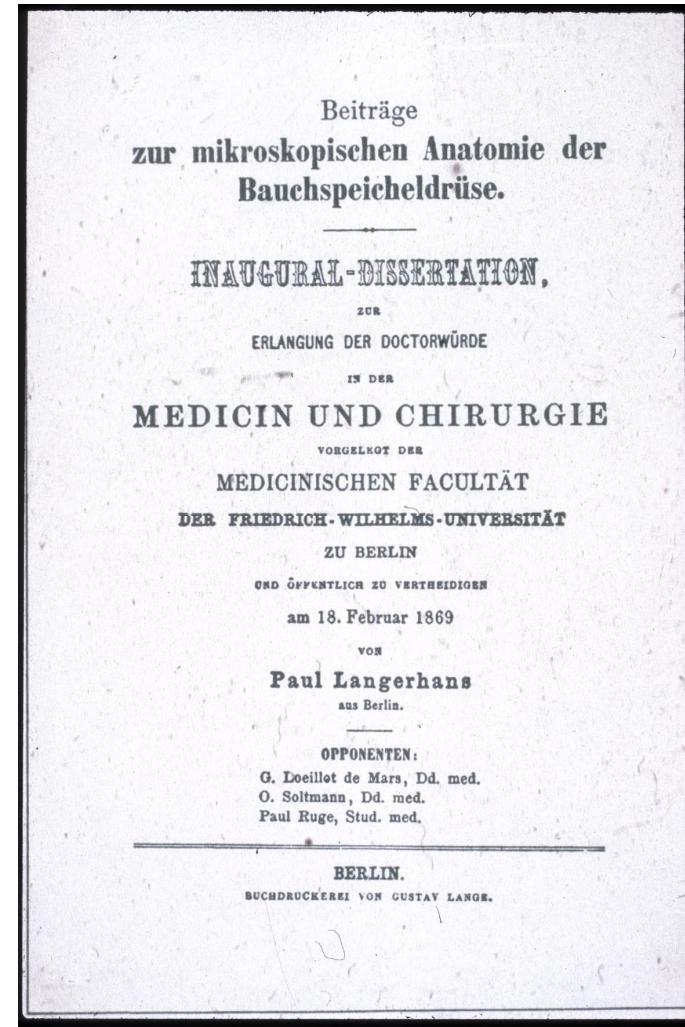
Insulin and, to a lesser extent, glucagon maintain a stable level of glucose in the body. Both of these hormones are produced by cells in the pancreas.



Langerhans 1869:



„neun verschiedene Zelltypen“



„Die Zellen liegen meist in größerer Anzahl beieinander,  
eigenthümlich verteilt im Parenchym der Drüse“

## 5. Endokrines Pankreas

### **Hypofunktion**

Diabetes Typ 1 - Insulin-abhängig: autoimmune Beta-Zellzerstörung

Diabetes Typ 2 - nicht-Insulin-abhängig: Keine Beta-Zelldestruktion  
Insulinresistenz und  
Insulinsekretionsdefekt

Diabetes bei chronischer Pankreatitis, Hämochromatose, Mukoviszidose

### **Hyperfunktionssyndrome**

Hypoglykämie : Insulinom

Zollinger-Ellison-S. : Gastrinom (im Pankreas)

### **Hyperfunktionssyndrom**

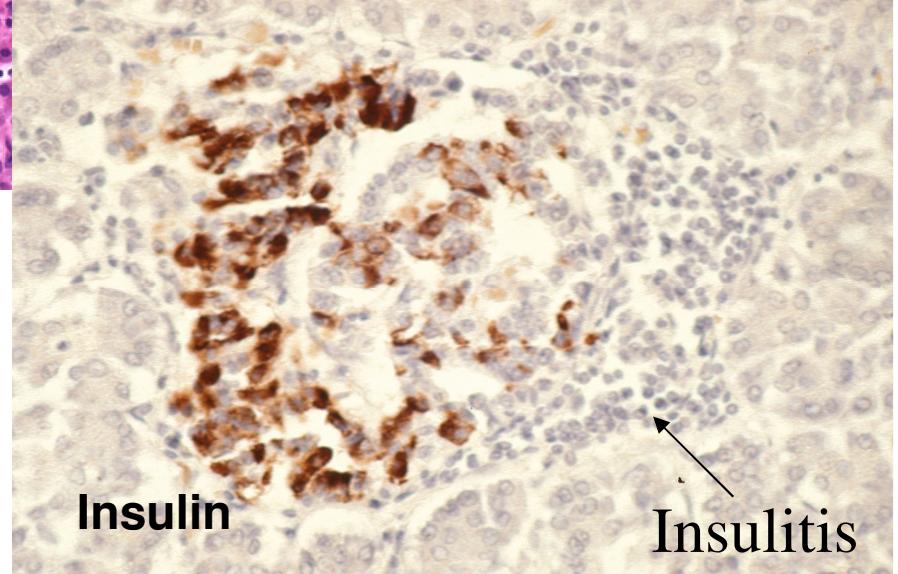
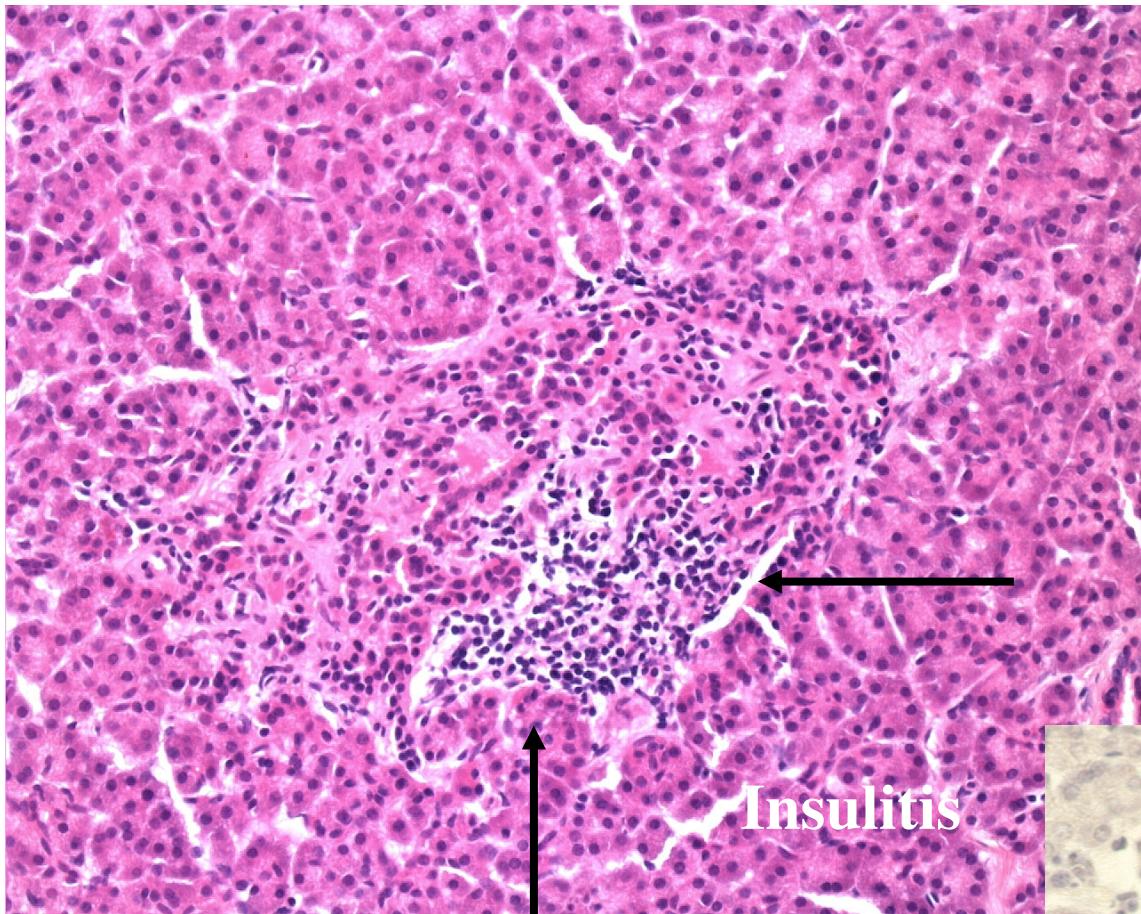
durch Beta-Zellhyperaktivität  
(=neonatale hyperinsulinämische Hypoglykämie)

# DIABETES MELLITUS

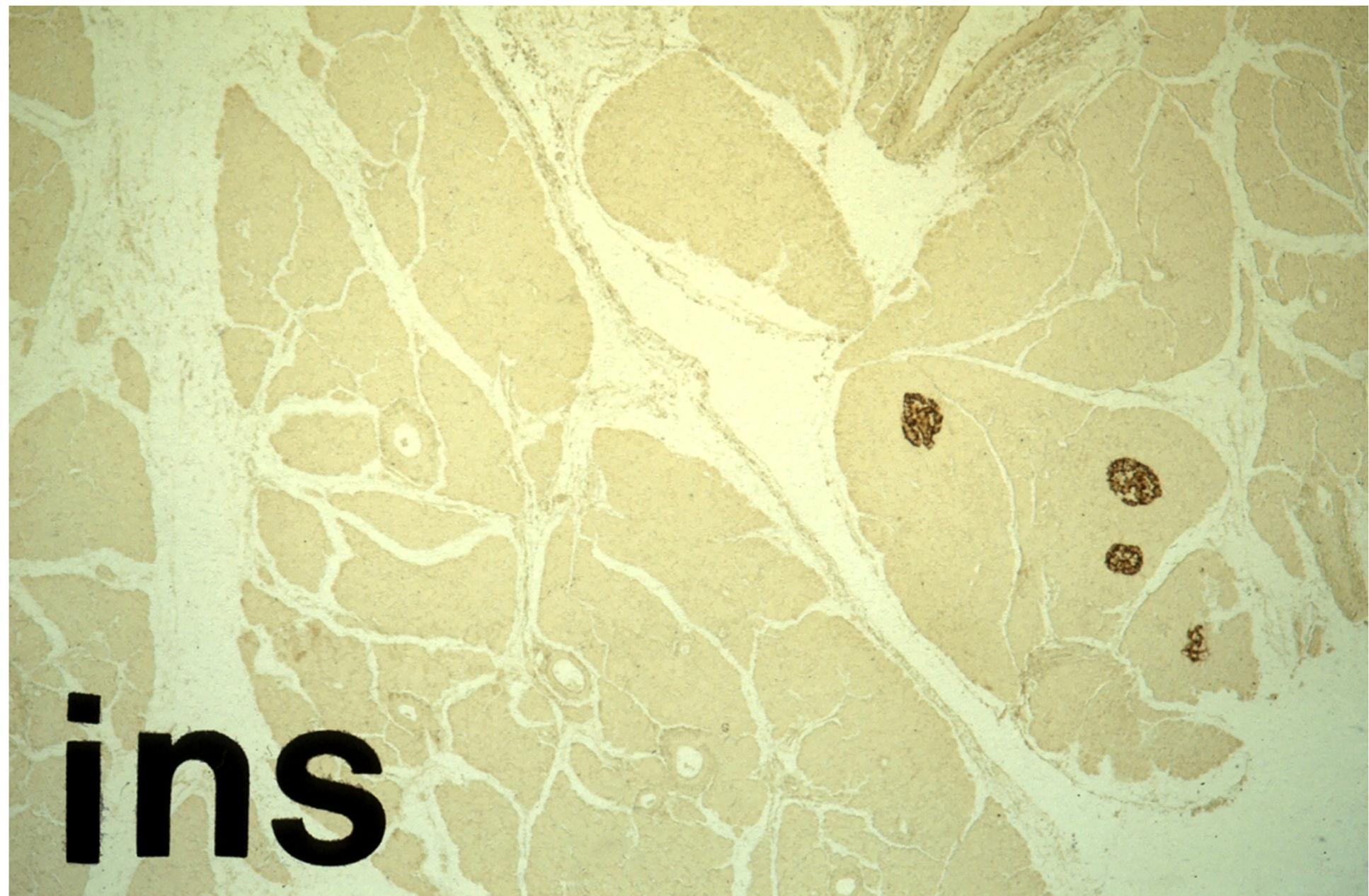
- Typ-1-Diabetes  
β-Zelldestruktion  
absoluter  
Insulinmangel
- Typ-2-Diabetes  
Insulinresistenz  
relativer  
Insulinmangel  
>85% aller Diabetiker

# Typ-1-(juveniler) Diabetes

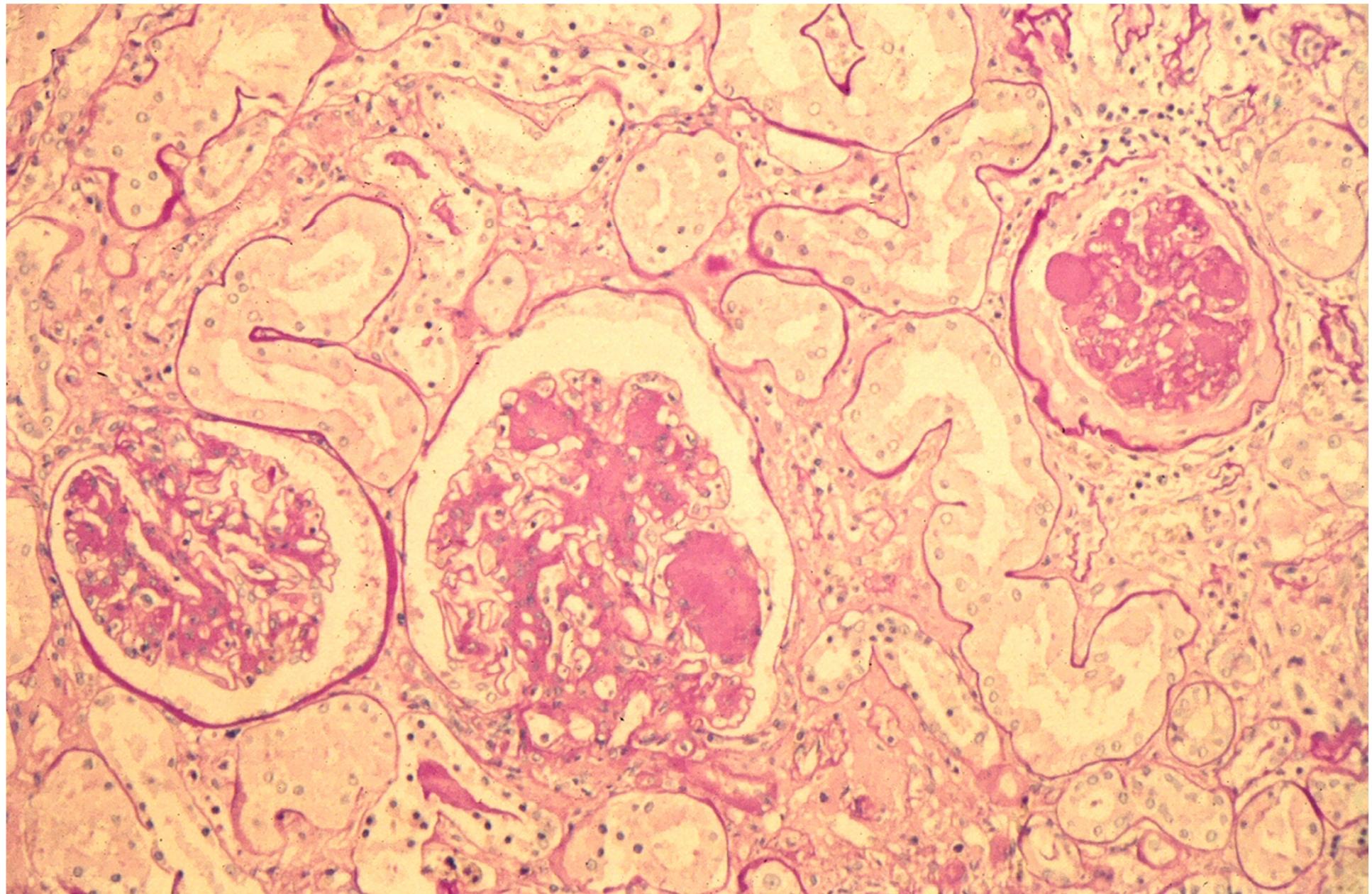
- Zerstörung der  $\beta$ -Zellen durch Autoimmun-insulitis
- Inselzellautoantikörper (ICA)
- Meist 5. - 20. Lj.
- genetische Faktoren prädisponierend: HLA-Merkmale DR3 u/o DR4 (>90%)
- positive Familienanamnese aber nur in ca. 20%



Insulitis bei frisch erkranktem Typ 1 Diabetiker



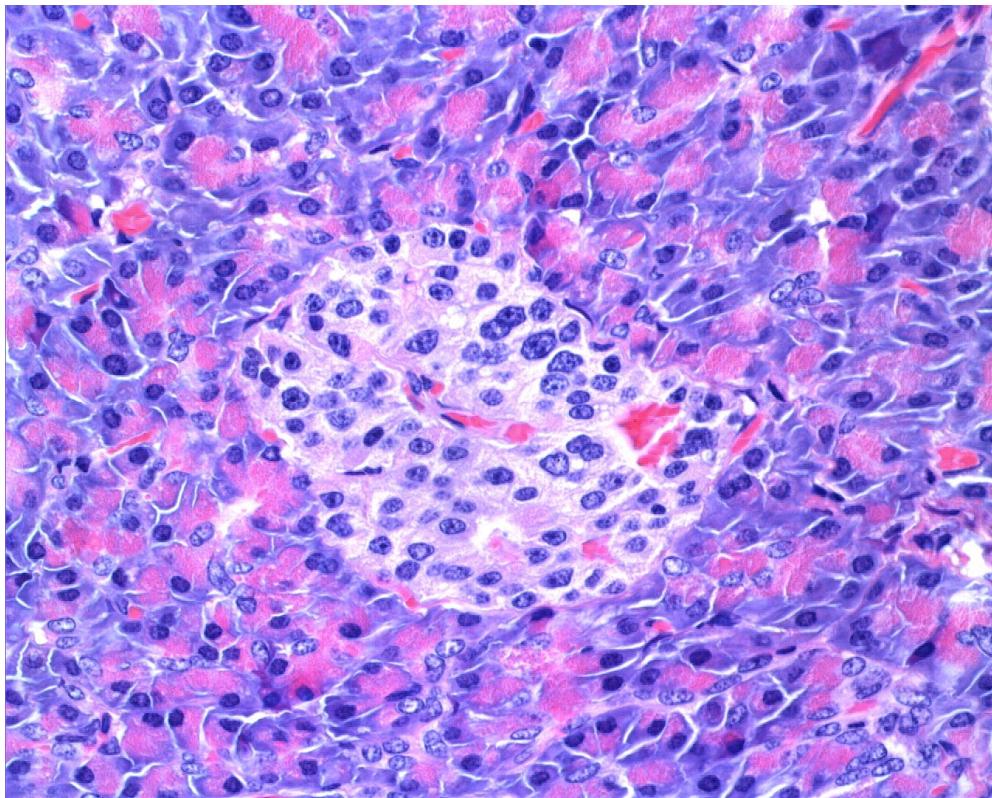
ins



Langzeitige Folgen des Diabetes mellitus ?

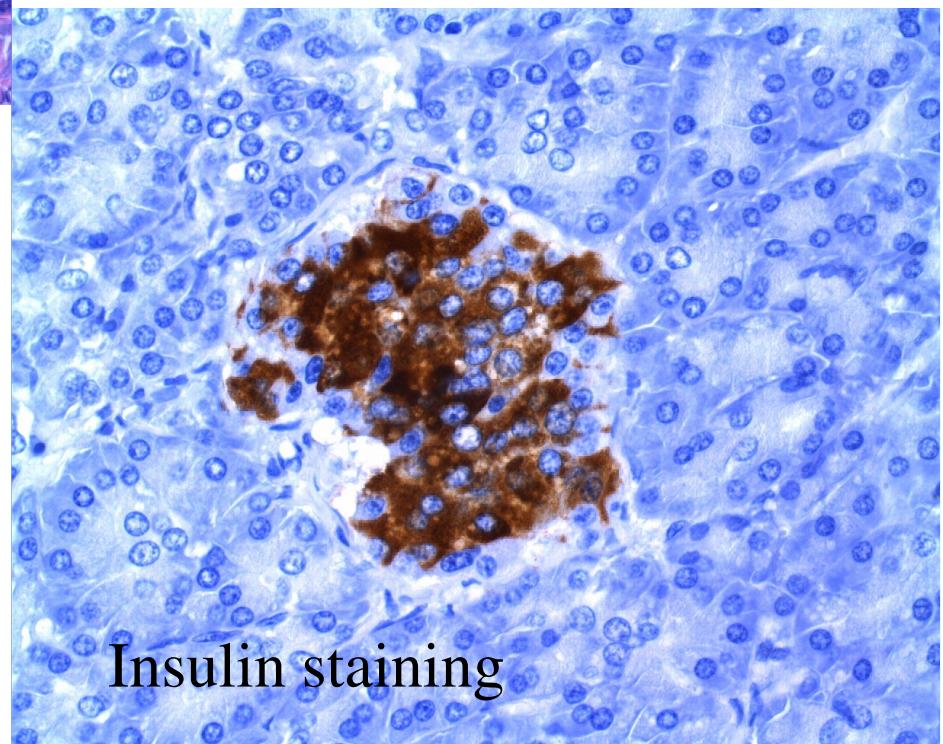
# Typ-2-(adulter) Diabetes mellitus

- Wohlstandsdiabetes
- Adipositas (mit Hochdruck -> metabol. Syndrom)
- Insulinresistenz / Insulinsekretionsschwäche
- Zahl der  $\beta$ -Zellen normal oder vermindert  
    Inselamyloidose !
- häufig positive Familienanamnese ( bei eineiigen Zwillingen nahezu 100% Konkordanz)
- meist nach 40. Lj., im Alter zunehmend
- schleichender Beginn

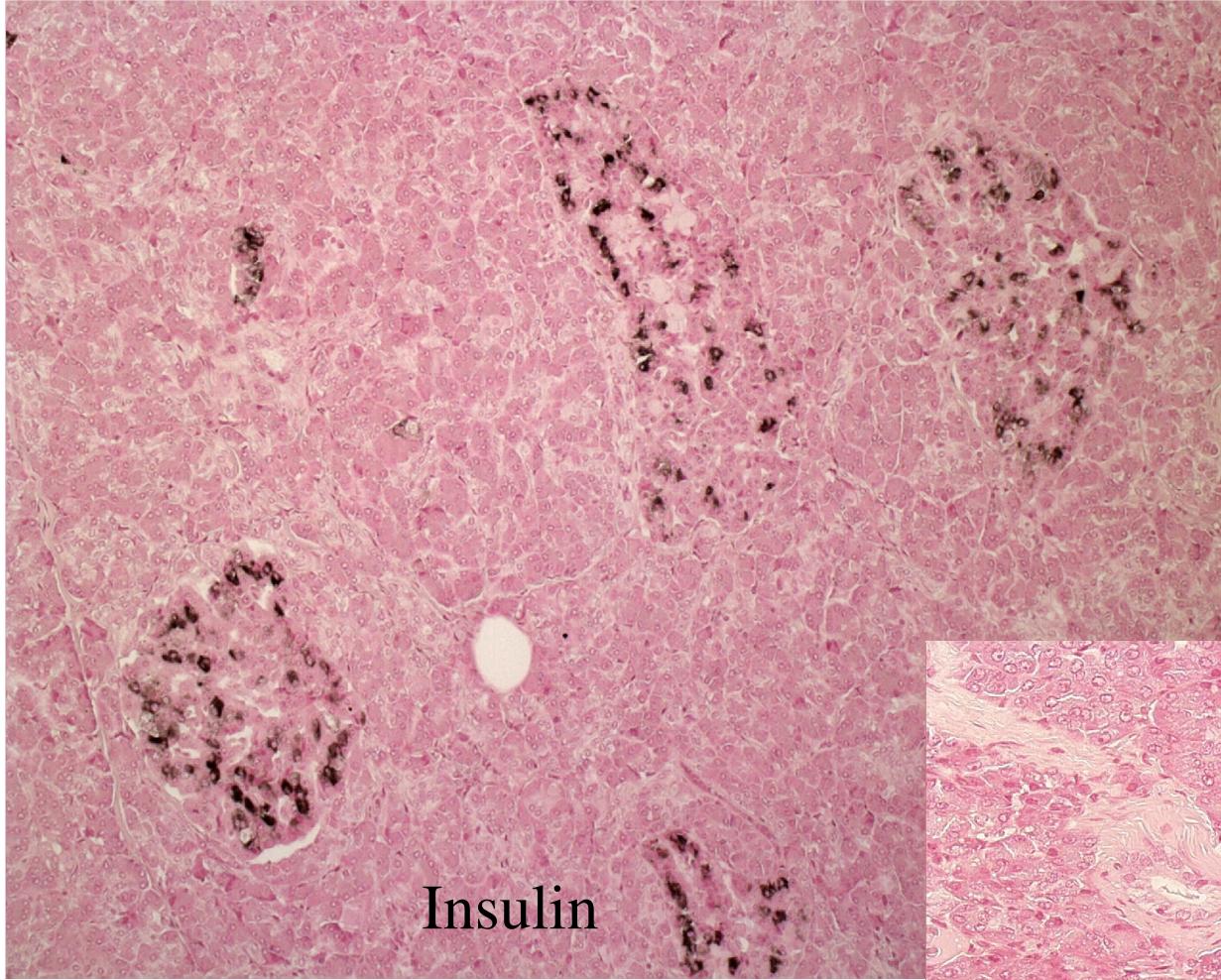


Normal appearing  
islet of a type 2 diabetic

Islet of type 2 diabetic; 65 y  
diabetes duration 15 years

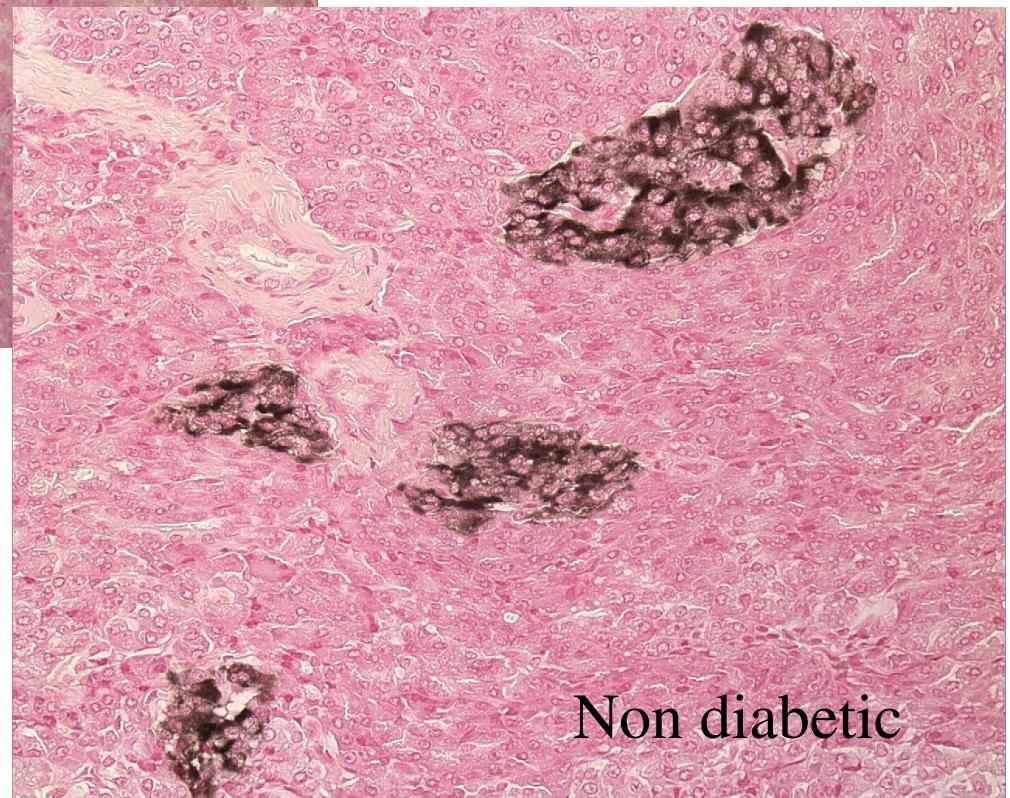


Insulin staining



Insulin

Type 2 diabetic  
with low beta cell number



Non diabetic



Paul Langerhans

1865



1871



„Ich muß leider meine  
Mittheilungen mit der Erklärung  
eröffnen, daß ich in keiner Weise  
im Stande bin, die abgeschlossenen  
Resultate einer erfolgreichen  
Untersuchung vorzulegen.“

1888